# ORIENTEERING WORLD CUP

TRIMTEX

CZE

ČESKÁ LÍPA, CZECHIA 2 – 6 AUGUST ROUND 2

**BULLETIN 3.1** UPDATED ON 3 JULY 2023 DUE TO CHANGE OF ARENA FOR FOREST RACES

### WELCOME

#### Dear sports fans,

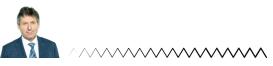
The Liberec Region is a place where orienteering has a great tradition. Running through open terrain in nature is the magic of this sport. I admire, recognize and respect orienteers. I have never practised this sport, although I have a warm relationship with running. The fact that the world-class event is again held in our region, in the Českolipsko region, is an award not only for the organisers, but also for the local wide base of orienteers. Recognition also deserves the organisational team around Jan Picek, who is behind the successful organisation of the World Orienteering Championship in 2021, as well as many other events.

I am glad that this sport enjoys great interest in our country and region, both at the amateur and professional level. I went to see the races in the locality of Hruboskalsko in the Bohemian Paradise. They were attended by all ages, from young children to masters who are runners often between the ages of 70 and 85. It is therefore no wonder that athletes from our region achieve great results in this sport. This is evidenced by many medals from the summer and winter Games of the Children and Youth Olympics, where young athletes from our region are regularly among the first.

The Orienteering World Cup will be held from 2 to 6 August in the Českolipsko region. It will be an attractive event not only for

competitors from all over the world, but also for spectators. They can look forward to the world's top orienteering, races in forests, sandstone rocks, but also in the town of Česká Lípa. The accompanying program will certainly be interesting. I am glad that the Liberec Region is a partner of the OWC and contributed one million Czech crowns to its organisation.

I wish all the organisers a smooth course of all planned races without complications and that they become an attraction for many Czech and foreign elite runners and orienteering fans.



**Jiří Čeřovský**, Deputy Governor of the Liberec Region for Education, Youth, Sport and Employment Dear friends of orienteering and natural beauty!

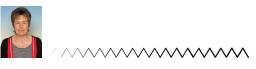
We are honoured that from August 2 to 6, 2023, our small village of Ždírec and its parts Bořejov and Ždírecký důl will become the venue of the 2nd round of the Orienteering World Cup 2023. We are pleased to welcome you to our beautiful forests and sandstone rocks area, which is a popular destination for tourists, dreamers and nature lovers.

Ždírec, Ždírecký důl and Bořejov are part of the Kokořínsko PLA and are located near Doksy and Macha Lake. It is a region full of strange sandstone formations, lakes and villages with traditional architecture. You will find here not only wild valleys in sandstone plateaus, where numerous rock towers have formed at the edges by weathering, but also rare plants and animals. The biggest landmark of this area is the Kokořín Castle, towering in the sandstone rocks.

The history of the settlement Ždírec goes deep into the past. The first mention of the village of Ždírec dates back to the 11th century under prince Břetislav. Later, the village is mentioned as a manor seat with the court of lord Ulrich of Ždírec, which belonged to the Houska estate. Houska was originally a wooden and later a stone fortified settlement from the 9th century, rebuilt into an impregnable Gothic castle later and was subsequently rebuilt again and again, so almost all architectural styles alternate on it. Now Houska Castle is open to the public and surrounded by many legends about mysterious powers, the gate to hell or a mysterious monk. Lovers of history as well as lovers of mysteries will find their own thing here.

Our current village with the official name Ždírec was founded in 1850 with the settlements of Bořejov and Ždírecký důl. In 1861 a chapel of St. Jan was built, which is still preserved. There are four beautiful traditional log buildings in the village, which are listed as cultural monuments. Another important cultural monument is the parish church of St. James the Elder in Bořejov. Its history is attested by a register of papal tithes to 1352.

I sincerely wish everyone a fair sporting competition, nice weather and great performances. Enjoy your stay in our village and beautiful nature.



Jarmila Hloušková, Mayor of Ždírec

### **CONTENTS**

Welcon	าย	2
Contents		4
World C	Cup 2023	5
Section	1: Organisation	6
1.1	Organising Committee	6
1.2	Advisors	6
1.3	Contact Information	6
Section	2: Programme	8
Section	3: Venue, Access and Transport	11
3.1	Venue	11
3.2	Competition Arenas	12
3.3	Transport / Travel Opportunities	12
Section	4: Event Centre (Office)	13
Section	5: Registration	16
5.1	Team Registration	16
5.2	Entry Fee Description	
5.3	Payments	19
Section	6: Accommodation and Food	19
6.1	Food	19
Section	7: Embargoed Areas	20
7.1	Embargoed Areas Information	20
7.2	Interactive Map	
7.3	Previous Orienteering Maps	

Section	8: Training Opportunities	.21
Section	9: Classes and Participation Restrictions	.21
9.1	Competition Rules	. 21
9.2	Classes and Entry Regulations	. 22
9.3	National Quota and Personal Starting Allocations	. 22
9.4	Anti-doping Code	. 22
9.5	Insurance	. 23
9.6	Climate and Hazards	. 23
9.7	Visas	. 23
9.8	Athlete Licence	. 23
Section	10: Media	.24
Section	11: Race Information	.24
11.1	Punching and Timing	. 24
11.2	GPS Tracking	. 25
11.3	Clothing and Footwear	. 25
Section	12: Event Information	.25
12.1	Terrain	. 25
12.2	Maps	. 26
12.3	Course Details	. 27
Section	13: Prize Money	.28
Section	14: Spectator Races "Kwak Czech O-Tour"	.29

### WORLD CUP 2023

The Orienteering World Cup 2023 (OWC) will consist of the following 10 competitions.

Date	Format	Event	Location
27 April	Middle Distance		
29 April	Long Distance	World Cup Round 1	Østfold, Norway
30 April	Relay		
2 August	Sprint		
3 August	Sprint Relay	World Cup Dound 2	Česká Lípa and Korce,
5 August	Middle Distance	World Cup Round 2	Czech Republic
6 August	Long Distance		
4 October	Sprint	World Cup Round 3 with	
6 October	Sprint relay	European	Verona, Italy
8 October	Knock-Out Sprint	Championships	

### **SECTION I: ORGANISATION**

OWC Round 2 in 2023 is being organised by the Czech Orienteering Federation.

### **1.1 ORGANISING COMMITTEE**

Event Director Event Secretary Event Office Sport Director Arena Marketing & Media Technology Chief Cartographer Czech O-Tour Director Jan Picek Dominika Pachnerová Jana Kubátová Daniel Wolf Matěj Burda David Procházka Lukáš König Aleš Hejna Dominika Plochová director@wcup.cz info@wcup.cz office@wcup.cz sport@wcup.cz arena@wcup.cz marketing@wcup.cz it@wcup.cz ales.hejna@olles.cz info@o-tour.cz

### **1.2 ADVISORS**

IOF Senior Event Adviser National Controller Jerzy Antonowicz (POL) Jan Fiala (CZE)

### **1.3 CONTACT INFORMATION**

#### **Official information**

https://eventor.orienteering.org/Events/Show/7247 Email: info@wcup.cz Website: www.wcup.cz

#### **Event Secretary** Dominika Pachnerová E-mail: <u>info@wcup.cz</u> Phone number: +420 731 108 782

**Event Office** Jana Kubátová E-mail: <u>office@wcup.cz</u> Phone number: +420 739 598 691

**Contact for media** Alena Dlabajová E-mail: <u>media@wcup.cz</u> Phone number: +420 727 938 093

#### **Other contacts**

Czech Orienteering Federation Zátopkova 100/2 Praha 6 - Břevnov 169 00 Czech Republic

Web: <u>www.orientacnisporty.cz</u> E-mail: <u>csos@orientacnisporty.cz</u>

#### Social media

FB: <u>@wcup.cz</u>

IG: <u>@wcup\_czechia</u> YouTube: <u>@CeskyOrientak</u>, <u>@IOFOrienteering</u> Twitter: <u>@orienteeringWOC</u>

### **SECTION 2: PROGRAMME**

#### The final programme will be presented in Bulletin 4 and at <u>www.wcup.cz</u> when the agreements for live TV are settled.

Monday 31 <sup>st</sup> July		
Time	Action	Place
	Arrival / training	Česká Lípa

Tuesday 1 <sup>st</sup> August		
Time	Action	Place
	Arrival / training	Česká Lípa
12:00	Deadline for final name entry	IOF Eventor
12:00	Competition entry deadline: Sprint Distance	IOF Eventor
16:00 - 18:00	Technical model + model Sprint + model Sprint Relay	Česká Lípa
18:30	TOM Sprint + Sprint Relay	Česká Lípa + online

### Wednesday 2<sup>nd</sup> August

Time	Action	Place
13:00	Quarantine open	Česká Lípa
14:00	Quarantine deadline Sprint, Arena open for teams	Česká Lípa
14:32	Estimated First start Sprint 1 min interval M+W	Česká Lípa
15:47	Estimated last start Sprint 1 min interval M+W	Česká Lípa
15:52	Estimated First start Sprint Red Group Men	Česká Lípa
16:52	Last start Sprint F Men	Česká Lípa
17:01	Estimated First start Sprint Red Group Women	Česká Lípa
17:07	Estimated last finish Sprint F Men	Arena Česká Lípa
18:01	Last start Sprint Red Group Women	Česká Lípa
18:16	Estimated last finish Sprint Red Group Women	Arena Česká Lípa

18:25	Flower ceremony Sprint
19:00	Prize-giving ceremony Sprint, Opening ceremony
20:00	Competition entry deadline: Sprint Relay

#### Thursday 3<sup>rd</sup> August

Time	Action
09:00	Model Middle + Long (3.8. 9:00 - 4.8. 18:00)
15:30	Quarantine open
16:30	Quarantine deadline, Arena open for teams
17:15	Start Sprint Relay
18:15	Estimated first finish
18:25	Flower ceremony
19:00	Prize-giving ceremony Sprint Relay
19:00	Model Middle + Long closure for Thursday

#### Friday 4<sup>th</sup> August

Time	Action
09:00	Model Middle + Long (3.8. 9:00 - 4.8. 18:00)
12:00	Competition entry deadline: Middle Distance
18:00	Model Middle + Long closure
18:30	TOM Middle + Long

#### Saturday 5<sup>th</sup> August

Time	Action
08:00	Quarantine open
09:00	Estimated first start Middle Women
10:02	Estimated first start Middle Men
10:30	Quarantine deadline
12:50	Last start Middle Women

Arena Česká Lípa Arena Česká Lípa IOF Eventor

#### Place

Kokořínsko Arena Česká Lípa Kokořínsko

#### Place

Kokořínsko IOF Eventor Kokořínsko Česká Lípa + online

#### Place

Kokořínsko Kokořínsko Kokořínsko Kokořínsko Kokořínsko

13:25	Estimated last finish Middle Women	Arena Korce
14:42	Last start Middle Men	Kokořínsko
15:17	Estimated last finish Middle Men	Arena Korce
15:25	Flower ceremony	Arena Korce
15:45	Prize-giving ceremony Middle	Arena Korce
17:00	Competition entry deadline: Long distance	IOF Eventor

### Sunday 6<sup>th</sup> August

Time	Action	Place
07:30	Quarantine open	Kokořínsko
08:55	Estimated first start Long Men	Kokořínsko
08:58	Estimated first start Long Women	Kokořínsko
10:00	Quarantine deadline	Kokořínsko
10:18	First start Red Group Women	Kokořínsko
11:45	Last start Red Group Women	Kokořínsko
13:05	Estimated last finish Red Group Women	Arena Korce
13:08	Estimated last start Long Women	Kokořínsko
13:45	Last start Long Men	Kokořínsko
14:40	Estimated last finish Long Women	Arena Korce
15:15	Estimated last finish Long Men	Arena Korce
15:25	Flower ceremony	Arena Korce
15:45	Long Closing ceremony	Arena Korce
16:00	Prize-giving ceremony Long	Arena Korce

### **SECTION 3: VENUE, ACCESS AND TRANSPORT**

### 3.1 VENUE

#### Česká Lípa

Česká Lípa is a town in the <u>Liberec Region</u> in the northern part of the <u>Czechia</u>. It lies about 38 kilometres west of Liberec and 100 kilometres north of Prague. The town has about 37,000 inhabitants nowadays and was built near a ford on the Ploučnice river. The highest point of the municipal territory is Špičák with an altitude of 459 metres. The current territory of the town was permanently settled around the 13th century. The modern urban development of the town was influenced by industrial production and uranium mining in the region. Residential neighbourhoods consisting of large amounts of prefabricated housing were built on the outskirts, while the town centre was preserved and declared as an urban monument zone.

Many monuments remind us of the rich history of the city. For example the Lipý Water Castle, built in the 13th century, where many cultural events take place in its ruins today. Other sights include the former Augustinian Monastery, founded by Albrecht von Wallenstein in 1627, with the Loretan Chapel. There are also a number of churches, historic townhouses and the neo-renaissance town hall or the fountain on T. G. Masaryk Square from 1837, which is fully functional during summer even now.

#### Korce - Kokořínsko

Beautiful natural region of rocks, small lakes and villages full of traditional architecture. Kokořínsko is located near Doksy, and it is known for its romantic gorges and unique sandstone towers, gates, windows and other formations. The greatest feature of this area is the castle Kokořín, placed above the Kokořín pit, main pit of the Kokořín area. The pit is 14 km long and it is a natural reservation with a range of natural attractions. To name the most famous: Pokličky mushroom formed rock columns, approximately 2 km away from castle Kokořín. The Cinibulkova trail will guide you through the most beautiful places, going from Romanov to Pokličky. Geologically, Kokořínsko belongs to the Bohemian Cretaceous Basin. It is formed of mesozoic sediments, mainly coarse-grained sandstone. Sandstone sedimented here 80-90 millions years ago, when the area was flooded by a prehistoric sea. There are deep canyon-shaped valleys in the sandstone plateaus, where numerous rock towers have formed on the edges through weathering.

### **3.2 COMPETITION ARENAS**

#### Sprint and Sprint Relay: Arena Česká Lípa

Arena Česká Lípa will be situated in a city park in the north-western part of the embargoed area, 2 km (5 min drive) from the Event Centre in Česká Lípa.

GPS Coordinates: 50.6902425N, 14.5360647E

#### Middle and Long distance: Arena Korce

Arena Korce will be situated on a spacious meadow near Dubá, municipality situated in Česká Lípa district, 26 km (30 min drive) from the Event Centre in Česká Lípa.

GPS Coordinates: 50.5364275N, 14.5943806E

### **3.3 TRANSPORT / TRAVEL OPPORTUNITIES**

Teams are encouraged to use their own transport throughout the whole OWC, including travel to quarantine zones. Compulsory routes and coordinates of quarantine zones and team parking in the arenas will be described in Bulletin 4.

We recommend transport by car/minibus. Nearest major airport is <u>Václav Havel Airport Prague</u> (100 km to the Event Centre). It is possible to arrive in Česká Lípa by train (station Česká Lípa hl. n.).



### **SECTION 4: EVENT CENTRE (OFFICE)**

#### ČESKÁ LÍPA, Municipal stadium near Ploučnice river

Athletic stadium equipped with an artificial surface suitable for all athletic disciplines. The stadium also offers other sports facilities such as grass fields and a basketball court. Changing rooms and showers are also available.

The Sprint Distance Model will take place close to the Event Centre.

GPS Coordinates: 50.6829072N, 14.5289892E Web: <u>www.sportlipa.cz</u> Address: Boženy Němcové 1711, Česká Lípa, Czechia

The Event Centre is the location for:

- Accreditation of Athletes and Team Officials
- Information Point for Teams
- Team Officials' meetings (also offered online)

#### Opening hours of Event Office

Monday 31st July	12:00 - 19:00	Arrival of Teams	Event Centre
Tuesday 1st August	9:00 - 12:00 15:00 - 19:00	Model Sprint + technical model Česká Lípa	Event Centre
Wednesday 2nd August	9:00 – 12:00 and during the competition	Sprint	Event Centre Arena Česká Lípa
Thursday 3rd August	9:00 – 12:00 and during the competition	Sprint Relay	Event Centre Arena Česká Lípa
Friday 4th August	9:00 - 12:00 15:00 - 19:00	Model Middle & Long Kokořínsko	Event Centre
Saturday 5th August	during the competition	Middle	Event Centre Arena Korce
Sunday 6th August	lay 6th August during the competition		Event Centre Arena Korce

#### Accreditation

Accreditation takes place at the Event Centre. A personal ID card will be handed out. All accredited persons must wear it at all relevant times and present it for access to authorised zones. An athlete without an accreditation will not be allowed to run a race.

At accreditation, every athlete receives a package with the ID card, backup SIAC card, a printed version of Bulletin 4, a model event map and a small present. This SIAC card is personally assigned and shall be used in all competitions. The SIAC card must not be used by other athletes. Parking permits for team cars are also handed out at the accreditation.

Accreditation for the World Cup is only possible if all payments are fully settled. In case of emergency/discrepancies, e.g. bank charges, paying with a bank/credit card will be possible at the Event Centre. Teams need to provide a telephone number so that the organisers can quickly contact the team officials if necessary.

#### **Team Officials Meetings (TOM)**

Two TOMs will be held during World Cup, Round 2. TOM Sprint + Sprint Relay to be held on Tuesday August 1st, 2023 and TOM Middle + Long to be held on Friday August 4th, 2023. TOMs take place at the Event Centre. They will be broadcast online as well, so you can join from your accommodation. Information about online connection (software, links) will be communicated in Bulletin 4 and on the OWC website.



### **SECTION 5: REGISTRATION**

### **5.1 TEAM REGISTRATION**

All entries can only be made in IOF Eventor. The entry form is available from 1st January 2023 on <u>https://eventor.orienteering.org/</u> Events/Show/7247

- The event start date is 2nd August 2023.
- The deadline for **Team Size Entry** is 2nd June 2023 (-2 months)
- The deadline for **Team Names Entry** is 23rd July 2023 (-10 days).
- The deadline for Late Entries, Changes of Team Size or Team Names for accreditation is 1st August 2023 at 12:00

#### **Team Size Entry**

The following information shall be given:

- Team manager (chosen from list in IOF Eventor)
- Number of Team athletes (Men and Women)
- Number of Team officials
- Number of Team athletes in the individual races; *National Quota see section 9.3*
- Number of teams for the relays
- Ordering of rental SIAC cards

There is no maximum number of officials per team.

#### **Team Names Entry**

The following information shall be given:

- Name of each Team athlete by selecting from federation members in IOF Eventor
- **SIAC card number of each athlete** (see section 11.1 Punching and Timing)

#### **Competition Entries**

Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor before 12:00 (noon) on the day before an individual or relay competition.

#### Late entries, changes of team size or team names

Late Entries and changes will be accepted, if possible until **1st August 2023 at 12:00**. No late entries or changes will be accepted after that date. Late entries and changes will always have a defined extra cost (surcharge).

#### Entry changes

- **3rd June 23th July 2023** surcharge 20% on new entries, withdrawals receive a 80% refund
- 24th July 1st August 2023 surcharge 50 % on new entries, withdrawals receive a 50 % refund
- After 1st August 2023 12:00 CET no other entries or changes will be accepted

#### Name changes

- 24th July 1st August 2023 surcharge 10 EUR
- Changes of names for competition according to IOF rules, no fee

Late entries and changes will always be treated equally, and must be communicated directly to the organiser on <u>office@wcup.cz</u>. The organiser makes the changes in IOF Eventor after deadlines.

	<b>1 January at 00:01</b> Start of entry	<b>2 June at 23:59</b> Team size	23 July at 23:59 Team names (SIAC numbers) 23 July at 23:59 Entries	<b>1 August at 12:00</b> Late entries and changes deadline <b>2 August</b> Event start date
Team size entry periods	Team size	+ 20% (80% refund)	+ 50% (50% refund)	EVENT
Team names entry period		Team names (SIAC numbers)	+ 10 EUR	
Payment schedule		Payment		Pay/refund changes

### 5.2 ENTRY FEE DESCRIPTION

Category	Fee	
Accreditation	Accreditation fee - team officials (see note 1)	80 EUR
Athletes	Entry fee - complete bundle (see note 2)	300 EUR
SIAC card rent	Per person per whole event (see note 3)	10 EUR
IOF Guests	IOF Guests, Partners and Sponsors	no accreditation fee
IOF Family	Per person	40 EUR
Media	Per person	no accreditation fee

#### Notes:

1. Accreditation fee for team officials covers model events, parking at the arena and a set of competition maps.

2. Package includes: Starting fee for all competitions and training and competitions maps.

3. The pre-ordered rental SIAC cards will be handed out in the Event Office together with backup SIAC card (without any fee) as a part of the accreditation. A team manager shall return all SIAC cards at the Event Office after the last race. Any missing or lost SIAC card will be charged with a fee – 80 EUR. SIAC cards should be ordered with team size entry (2nd June 2023). Later SIAC card orders are possible until 30th June at the latest; after this date the organisers no longer guarantee that they will have SIAC cards available.

### **5.3 PAYMENTS**

Payment must be credited to the organiser's account no later than 10 days before the event starts – 23rd July 2023, otherwise competitors will not be allowed to start. Invoices will be issued at the beginning of June 2023. All bank costs must be covered by the payer.

#### Payment details:

Bank:	MONETA Money Bank, a. s., Vyskočilova		
	1442/1b, 140 28 Praha 4 – Michle, Czechia		
Account number:	244499346/0600		
IBAN:	CZ18 0600 0000 0002 4449 9346		
BIC (SWIFT):	AGBACZPP		
Account owner:	Český svaz orientačních sportů, Zátopkova		
	100/2, 169 00 Praha 6 – Břevnov		
Invoice reference:	Invoice number		

### **SECTION 6: ACCOMMODATION AND FOOD**

As the area is a very popular summer holiday destination, we strongly recommend that you book your accommodation as soon as possible. We reserved accommodation for the athletes in hotels, guesthouses and apartments. However, the booking had to be made in March at the latest. The teams that did so have their accommodation reserved. Now we don't have any free capacity. However, if you still do not have accommodation secured, write to us at accommodation@wcup.cz and we will try to help you in your search.

### 6.1 FOOD

In the quarantine and the team zone in the arenas, we offer fruit and water. Hot and cold food and drinks will be for sale in the arenas. Vegetarian food will also be offered.

### **SECTION 7: EMBARGOED AREAS**

### 7.1 EMBARGOED AREAS INFORMATION

According to the IOF Competition rules (§ 26.5), embargoed areas are forbidden for all potential OWC Round 2 athletes, team officials and other persons, who, through knowledge of the terrain, may influence the results of the competitions. All embargoed areas are 'strict embargo'. More information and maps are available on <u>https://eventor.orienteering.org/Events/Show/7247</u> and the website <u>www.wcup.cz</u>.

#### **Embargoed areas**

#### 7/1 - Ždírecký důl (Middle & Long)

Road Nedamov – Ždírec allowed to pass through. Road Ždírec – Blatce - Vlkov allowed to pass through. Road no. II/259 Dubá - Vlkov allowed to pass through.

#### 7/2 – Česká Lípa (Sprint & Sprint Relay)

Road no. I/9 allowed to pass through. Road no. II/262 allowed to pass through.

#### 7/3 – Muchov (Reserve area Middle & Long)

#### 7/4 – Železný Brod (Reserve area Sprint & Sprint Relay)

Road no. I/10 allowed to pass through. Road no. II/288 allowed to pass through. There is a strict ban on training on the maps of the relay and long races of WOC 2021 (Husa, Čap), except for the period 28.7. - 4.8.2023, when we have managed to negotiate an exception and we will open the maps for the official OWC training. Please respect this, otherwise this area will become inaccessible to orienteering forever.

### 7.2 INTERACTIVE MAP

Link to interactive map.

### 7.3 PREVIOUS ORIENTEERING MAPS

In embargoed areas for Sprint and Sprint Relay, no ISS(pr)OM old maps are available. There are only very old maps from 1988:

https://mapy.orientacnisporty.cz/data/jpg/3825a.jpg https://mapy.orientacnisporty.cz/data/jpg/4062a.jpg

In embargoed areas for Middle and Long, there are no older maps available.

### **SECTION 8: TRAINING OPPORTUNITIES**

Almost all relevant training terrains are in nature protected areas. Therefore, all training activities shall be coordinated with the organisers. All information about training maps and areas offered and about relevant competitions in the Czech Republic can be found on <u>www.wcup.cz/training</u>. For questions or any further training stay arrangements, don't hesitate to contact (<u>trainings@wcup.cz</u>).

### SECTION 9: CLASSES AND PARTICIPATION RESTRICTIONS

### 9.1 COMPETITION RULES

The complete rules for the World Cup 2023 consist of:

- Orienteering Competition Rules valid from 1 February 2023
- World Cup Special Rules 2023

Latest versions of the Rules are found on the <u>IOF website</u>. Runners are awarded World Cup points as per 2023 World Cup Special Rules.

#### Long distance starting order

Please note that IOF Orienteering World Cup Special Rules 2023 were changed. Fixed TV window for the Long distance competition 7 (TV broadcast until 15:30) would mean extremely early first start for the first class according to the schedule (Women in this case). It is not comfortable either for athletes nor for organisers. Therefore following changes in OWC Special Rules were done.

#### Amendment 25th May

In competition 7, for the men's class, the starting order is determined by the order of the World Ranking as of 5th August 2023 (best ranked starting last). In competition 7, for the women's class, the starting field will be divided into two groups: the best 70 entered competitors in the World Ranking will start first, with the starting order determined by the order of the World Ranking as of 5th August 2023 (best ranked starting last). All others will start after the best in the World Ranking, still according to the World Ranking, with the 71st ranked out of those entered starting last. The World Ranking on 5thAugust must include the results from that day's World Cup competition.

#### Start interval, Long Distance competition 7

The start interval will be 3 minutes for the best 30 competitors in the World Ranking and 2 minutes for all others.

### 9.2 CLASSES AND ENTRY REGULATIONS

There are two classes, Women and Men. Participation restrictions, classes and qualification system will follow the World Cup Special Rules for 2023.

According to the IOF Council's decision on 28th February and 4th March 2022, Russian and Belarusian orienteering athletes, in all IOF disciplines, will not be allowed to participate in IOF events. Athletes will also not be allowed to participate as neutral athletes.

## 9.3 NATIONAL QUOTA AND PERSONAL STARTING ALLOCATIONS

#### Women's Sprint + Middle Distance + Long Distance

- 8 Spots SWE, SUI, FIN, NOR, DEN, CZE
- 6 Spots GBR, AUT, ITA, LAT, FRA, ESP, HUN, AUS
- 4 Spots All other (non-suspended) IOF member Federations
- Extra allocations: Tove Alexandersson (SWE) all competitions
- Extra allocation: Megan Carter Davies (GBR) Sprint
- Extra allocation: Overall World Cup leader after Round 1
  - Tove Alexandersson (SWE) all competitions
- Extra allocation: WOC 2023 Middle Distance Champion - Middle Distance
- Extra allocation: WOC 2023 Long Distance Champion
  - Long Distance

#### Men's Sprint + Middle Distance + Long Distance

- 8 Spots SWE, SUI, NOR, FIN, FRA, CZE
- 6 Spots DEN, AUT, GBR, ITA, ESP, HUN, LAT, GER
- 4 Spots All other (non-suspended) IOF member Federations
- Extra allocation: Kasper Harlem Fosser (NOR)
   all competitions
- Extra allocation: Overall World Cup leader after Round 1
  Kasper Harlem Fosser (NOR) all competitions
- Extra allocation: WOC 2023 Middle Distance Champion
  Middle Distance
- Extra allocation: WOC 2023 Long Distance Champion
  Long Distance

#### **Sprint Relay**

A Federation may enter 4 teams consisting of 4 competitors (of whom at least 2 shall be women), but only the best-placed team will be placed in the results. Incomplete teams, and teams with runners from more than one Federation are allowed to start but are not included in the official results.

### 9.4 ANTI-DOPING CODE

Doping is strictly forbidden and the organisers of the Orienteering World Cup 2023, Round 2 are dedicated to supporting the anti-doping authorities in their work. Doping tests are always carried out in accordance with the procedures described in the WADA International Standard for Testing. The IOF Anti-Doping Code and Rules and the World Anti-Doping Code 2015 apply as of 1st January 2015. Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area. The athlete should also bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

For more information, please consult: Anti-Doping

### 9.5 INSURANCE

The organisers decline any liability that might occur through participation in the IOF World Cup Events and Trainings. Each person participates at their own risk and is responsible for their own insurance coverage (illness and accident).

There are no other peculiarities for this event.

### 9.6 CLIMATE AND HAZARDS

The average minimum temperature (usually the minimum temperature is noted during the night) in Česká Lípa in August is 13.8 °C. The average maximum daytime temperature lies around 24.0 °C. The amount of rain in August is normal with an average of 83 mm. It rains on average a total of 13 days. Wild bees may be encountered in the areas. Ticks, carrying Tick-borne encephalitis and Lyme-disease, are present.

### 9.7 VISAS

According to the current regulations citizens of some countries must obtain a visa in order to enter the Czech Republic. Please note that conditions of entry to the Czech Republic can change and all Orienteering World Cup participants are advised to keep up-to-date of the current situation. Please visit: <u>https://www.mzv.cz/jnp/en/ information\_for\_aliens/index.html</u>

### 9.8 ATHLETE LICENCE

All participants need a valid IOF Athlete licence. To have a valid licence, the athlete needs to sign an athlete licence form and pay an annual fee of 30 EURO. If the athlete has signed the form in previous years they don't need to sign a new form. Payment of the annual licence fee is done in IOF Eventor, please consult the IOF Eventor Guide regarding this.

To find the rules and forms and more information, please consult: <u>Athletes licence</u>

If you have questions about IOF Athlete licence, please contact the IOF Office on <u>iof@orienteering.sport</u>.

### **SECTION 10: MEDIA**

We are honoured to welcome journalists, photographers, camera personnel and social media content creators from all over the world in both our arenas in Česká Lípa and Korce.

All registrations are made in IOF Eventor, VIP and media entry section. Please make sure you select the correct accreditation type - media. Deadline for registration is 23rd July, 2023. No registration fee applies.

The media service includes:

- Access to media tent with workstations
- Wi-Fi, electricity, printers
- Maps and start lists
- Live services (results, TV production, GPS)
- Access to photo controls and photo spots in arenas
- Participation in IOF Family/Media race
- Coffee/tea, refreshments

More information: Alena Dlabajová <u>(media@wcup.cz</u>, +420 727 938 093)

### **SECTION II: RACE INFORMATION**

### **II.1 PUNCHING AND TIMING**

SPORTident Air+ punching will be used for all competitions. OWC participants are requested to use their own SIAC cards as primary SIAC during the event, for sustainability reasons. SIAC card numbers must be given with the Team Names Entry via Eventor by 23rd July at the latest.

The organiser will offer SIAC cards for rent; they can be booked through IOF Eventor as a service with team size entry (2nd June 2023). Later SIAC card orders are possible until 30th June at the latest; after this date the organisers no longer guarantee that they will have SIAC cards available.

One back-up SIAC card will be provided by organisers for free as a reserve in case of primary SIAC card failure only. It is not allowed to use this bac-kup SIAC card as the primary one and enter its number to Eventor.

SIAC card changes must be communicated directly to the organiser on <u>office@wcup.cz</u> as soon as possible.

Detailed punching procedure will be presented in Bulletin 4.

### **II.2 GPS TRACKING**

In every race, competitors may be asked to carry a GPS tracking device. It has to be carried on the back of the competitor in an elastic harness.

GPS tracking will be used for live TV production, arena production on the big video screen and live on-line transmission.

Detailed information about allocation and picking up the GPS units will be presented in Bulletin 4.

### **II.3 CLOTHING AND FOOTWEAR**

There are no regulations regarding clothing. Shoes with metal dobbs and spikes are forbidden for all races and training sessions!





### **SECTION 12: EVENT INFORMATION**

### **12.1 TERRAIN**

#### **SPRINT and SPRINT RELAY**

The terrain consists of an irregular network of paved streets, a historic monastery, a small fortress, school yards and playgrounds and grassy parkland.

Visibility and runnability are very good.

#### **MIDDLE and LONG**

Typical continental sandstone terrain at Kokořínsko, altitude 280 - 474 m. Its intricate morphology consists of plenty of valleys and reentrants crowned by sandstone rock formations.

Visibility: Mostly grown pine or beech forest, where visibility is generally very good - limited in areas of young pine plantations and areas of mixed forest. Due to the bark beetle calamity that has hit the forests in this region, there are fresh clearings in places where visibility is very good.

Runnability is generally very good, though often significantly limited by the steepness of the slopes. In some parts, running is also limited by high blueberries (often present on plateaus and also on some slopes) and in thickets of various ages.

### 12.2 MAPS

Discipline	Scale / contour interval	Specification	Map makers
Sprint	1:4000/2m	ISSprOM 2019-2	Aleš Hejna, Radek Novotný
Sprint Relay	1:4000/2m	ISSprOM 2019-2	Aleš Hejna, Radek Novotný
Middle distance	1 : 10 000 / 5 m	ISOM2017-2	Zdeněk Sokolář, Aleš Hejna, Jan Drbal, Tom Novák
Long distance	1 : 15 000 / 5 m	ISOM2017-2	Zdeněk Sokolář, Aleš Hejna, Jan Drbal, Tom Novák

### Map samples



Sprint, Sprint Relay

Middle distance, Long distance

### **12.3 COURSE DETAILS**

Discipline	Class	Winning time (min)	Course length (km)	Climb (m)	No. controls	Refreshments	Max. running time (min)
Sprint	Women	14:30	3.6	45	19	0	45
	Men	14:30	4,0	50	22	0	45
Sprint relay (per leg)	Women Men	15:00 15:00	4,0 4,4	60 65	26 26	0	100
Middle distance	Women	35	4.3	270	20	1	90
	Men	35	5.2	350	22	1	90
Long distance	Women	82	9.4	720	20	3	180
	Men	90	13.0	990	29	4	180

### **SECTION 13: PRIZE MONEY**

Prize money in the World Cup 2023 is distributed according to the following schedule. All sums are set in Euro.

Place	Individual race	Relay race	Total Individual World Cup
1	1000	1000	5000
2	700	700	2000
3	400	400	1000
4	200		600
5	200		500
б	200		400

### SECTION 14: SPECTATOR RACES "KWAK CZECH O-TOUR"

There will be 4 stages (3 forest disciplines and one sprint) from 3rd to 6th August 2023 in OWC 2023 round 2 terrains. More detailed information can be found on <u>www.wcup.cz</u> and <u>www.o-tour.cz</u>.

#### Kwak Czech O-Tour Programme

	Format	Venue	First start
Thursday 3rd August	E1 - Sprint	Arena Česká Lípa	14:30
Friday 4th August	E2 - Middle	Nedamov	10:00
Saturday 5th August	E3 - Long	Arena Korce	16:00
Sunday 6th August	E4 - Middle	Arena Korce	10:00

# CZECH (C) AUGUST 3-6, 2023 WWW.O-TOUR.CZ

## I SPRINT + 3 FOREST RACES ORIENTEERING WORLD CUP SANDSTONES

TOUR