



# OWC ORIENTEERING WORLD CUP 2023

ČESKÁ LÍPA, CZECHIA  
2 – 6 AUGUST      ROUND 2

## BULLETIN 4

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## ADVERTISEMENT

### EcoHaus

The startup's goal is to reduce the consumption of single-use plastic packaging and be economical with laundry - if the washing machine is not filled properly, water and energy are wasted. All this through laundry sheets, a multifunctional alternative to classic washing powder, gel and powder for hand washing. Laundry detergent sheets can wash clothes in 5 minutes, so they are a sustainable alternative and a helper, for example, when travelling.

EcoHaus laundry detergent sheets are 98% lighter than traditional washing powder and save carbon footprint during transportation. It does not contain heavy plastic containers and the packaging is made of FSC-certified paper. The product is 100% biodegradable.



## WELCOME

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Dear Friends of Orienteering,

it is a great honour and pleasure to welcome you all to the Orienteering World Cup, which is this year being held in Česká Lípa. As Chairman of the National Sports Agency with a huge passion for sport and exercise, I am delighted to see orienteering gaining in popularity and attracting competitors from all over the world.

The Orienteering World Cup is an event that represents the highest level of competition in the sport. It not only offers exciting races, but the opportunity for competitors to demonstrate their skills, make new friends, share their passion for orienteering, and take their performances to the next level.

I want to thank everyone who participated in the preparation of this World Cup, whether as organisers, volunteers, or sponsors. Your dedication and effort helped this prestigious competition take place, allowing us to welcome the world's best orienteers to Česká Lípa and its surroundings.

Another big thank you goes to the Liberec Region, because support from the region is important in terms of the sporting environment and of making the whole of the Czech Republic more attractive. The Orienteering World Cup will attract the attention of an international audience and allow us to present our country as an attractive

destination for athletes and tourists alike.

I wish all competitors the best of luck. Savour the joy of sport and take home some unforgettable experiences of the Orienteering World Cup. May you succeed in beating your own personal records, finding the best route, and surpassing yourself. I am sure we will all celebrate the joy of sport, fair play, and sporting friendship together at the start and the finishing line.



Ondřej Šebek,  
Chairman of the National Sports Agency

Dear sports fans

I am delighted that our region is becoming the host of the Orienteering World Cup. The Liberec Region has been supporting sport for a long time and we are honoured to contribute to the organisation of this championship. Orienteering is simply at home with us, and I am sure that this will be a successful sporting event.

Orienteering has become very popular in recent years. It provides a unique combination of physical performance, navigation skills and willpower. Athletes demonstrate not only their physical condition, but also the ability to make quick decisions, think out their strategy and adapt to unexpected situations. Each competitor must balance his speed and orienteering precision, overcome his own limits and find the right rhythm that will allow him to tackle successfully all the obstacles on the way to victory.

The Orienteering World Cup is also an opportunity for all fans of the sport to share their passion, cheer on the athletes and enter the world of adrenaline that this competition offers. I believe that it will not only bring excitement and sporting experiences, but will also contribute to the development of this sport and support a new generation that would like to get involved in it.

In the past, the Liberec Region has become the scene of important events of this kind, whether it was the MTBO World Championship or one of the World Cup orienteering races. It is a region dedicated to sport, a region that has bred a number of representatives whose

fame has spread throughout the world – for example, the legendary ski jumper Pavel Ploc and the Olympic medallists, runner Zuzana Hejnová and javelin thrower Bára Špotáková.

Orienteering has undergone great development over the years, and I am glad that it is gaining more and more popularity. After all, there are more than ten thousand registered active orienteers in Czechia alone. And no wonder: it is a complex sport that, in addition to the body, also occupies the head and helps, at least for a while, to displace all the worries of everyday life.

I wish you all, athletes, organisers and spectators, many attractive and unique sporting experiences.



Martin Půta,  
Governor of the Liberec Region



Welcome to Česká Lípa, which will become your sports home and the epicenter of the orienteering world for next few days. I am very glad that we can host such a spectacular sporting event that will turn our beloved city into a place for your victories and new sporting experiences for a while.

Česká Lípa is a city with a historical center that grew up in the Middle Ages along the Ploučnice River. In the second half of the twentieth century, the city grew in connection with the development of nearby uranium mining. And now the historical part, the modern part and the beautiful surrounding nature open up for your adventures.

I'm happy to see Česká Lípa on the map thanks to you. Not only on your racing one, but on the world map, which will be surrounded by your photos and videos from the Orienteering World Cup. Every athlete and fan from Česká Lípa will be proud to see their city in the media as the backdrop for your race.

I wish you to fully enjoy every moment of the race. Whether you enjoy your victory or gain new sports experience, I hope that you will take with you from Česká Lípa memories that will warm your heart.

I look forward to all personal meetings with you. Thank you for the courage, effort, sweat and tears of happiness you will bring to our city.

Thanks to you, Česká Lípa will come to life and I will be pleased if you will be happy to come back to Česká Lípa again.



Jakub Mencl,  
Deputy Mayor of Česká Lípa



Dear athletes,

On behalf of all 250 organisers, let me welcome you to the 2nd round of the Orienteering World Cup 2023. I am honoured that in the middle of the holidays we will offer a unique round of the World Cup, where first sprint disciplines and then forest disciplines await you. This agreement with the IOF was made in 2021, when we could not organise the Euromeeting, which was supposed to be a trial (for both athletes and organisers) before the 2021 World Orienteering Championship. We are very pleased that we are returning to the Českolipsko region again and offering everything that could not be realised in 2021 due to Covid measures. And so within one arena will meet not only the coaches, athletes and participants in the spectator races, but also the public. That is why our motto is "All together." The whole team consists of the organisers of the 2021 World Orienteering Championship, and I firmly believe that this year as well we will use all the experience from the previous organisation.

Let me also say thank you. To you, the athletes, for coming to Czechia again and for giving the best possible performances both in Česká Lípa and amongst the sandstone rocks. To the organisers, for taking a few days off and preparing an unforgettable experience. And also to our partners, who support us and without whom we would not be able to organise the entire event.

Finally, I would like to inform everyone that all races take place in protected areas - please do not leave rubbish or any traces of your presence behind, enter only the marked land, park on the marked

areas and behave in an environmentally friendly way.

Thanks!



Jan Píček,  
Director of the Orienteering World Cup 2023, Round 2

## World Cup 2023

The Orienteering World Cup 2023 (OWC) will consist of the following 10 competitions.

Date	Format	Event	Location
27 <sup>th</sup> April	Middle Distance	World Cup Round 1	Østfold, Norway
29 <sup>th</sup> April	Long Distance		
30 <sup>th</sup> April	Relay		
2 <sup>nd</sup> August	Sprint	World Cup Round 2	Česká Lípa and Korce, Czechia
3 <sup>rd</sup> August	Sprint Relay		
5 <sup>th</sup> August	Middle Distance		
6 <sup>th</sup> August	Long Distance		
4 <sup>th</sup> October	Sprint	World Cup Round 3 with European Championships	Verona, Italy
6 <sup>th</sup> October	Sprint Relay		
8 <sup>th</sup> October	Knock-Out Sprint		



## SECTION I: ORGANISATION

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**OWC Round 2 in 2023 is being organised by the Czech Orienteering Federation.**



### I.1 ORGANISING COMMITTEE

Event Director	Jan Pícek	<a href="mailto:director@wcup.cz">director@wcup.cz</a>
Event Secretary	Dominika Pachnerová	<a href="mailto:info@wcup.cz">info@wcup.cz</a>
Event Office	Jana Kubátová	<a href="mailto:office@wcup.cz">office@wcup.cz</a>
Sport Director	Daniel Wolf	<a href="mailto:sport@wcup.cz">sport@wcup.cz</a>
Arena	Matěj Burda	<a href="mailto:arena@wcup.cz">arena@wcup.cz</a>
Marketing & Media	David Procházka	<a href="mailto:marketing@wcup.cz">marketing@wcup.cz</a>
Technology	Lukáš König	<a href="mailto:it@wcup.cz">it@wcup.cz</a>
Chief Cartographer	Aleš Hejna	<a href="mailto:ales.hejna@olles.cz">ales.hejna@olles.cz</a>
Czech O-Tour Director	Dominika Plochová	<a href="mailto:info@o-tour.cz">info@o-tour.cz</a>

#### Course setters

Sprint	Petr Karvánek
Sprint Relay	Radek Novotný
Middle Distance	Radek Novotný
Long Distance	Pavel Kubát

### I.2 EVENT ADVISERS

IOF Senior Event Adviser	Jerzy Antonowicz (POL)
National Controller	Jan Fiala (CZE)

### I.3 JURY AND REFEREES

#### Sprint competitions - Referees

Referee:	Aron Less (HUN)
Assistant Referee:	Helge Lang Pedersen (DEN)

#### Forest competitions - Jury

Aron Less (HUN)
Helge Lang Pedersen (DEN)
Roman Zbranek (CZE)

## I.4 CONTACT INFORMATION

### Official information

<https://eventor.orienteering.org/Events/Show/7247>

Email: [info@wcup.cz](mailto:info@wcup.cz)

Website: [www.wcup.cz](http://www.wcup.cz)

### Event Secretary

Dominika Pachnerová

E-mail: [info@wcup.cz](mailto:info@wcup.cz)

Phone number: +420 731 108 782

### Event Office

Jana Kubátová

E-mail: [office@wcup.cz](mailto:office@wcup.cz)

Phone number: +420 739 598 691

### Contact for media

Alena Dlabajová

E-mail: [media@wcup.cz](mailto:media@wcup.cz)

Phone number: +420 727 938 093

### Contact for VIP / Partners

Petra Hlaváčková

E-mail: [petra.hlavackova@wcup.cz](mailto:petra.hlavackova@wcup.cz)

Phone number: +420 733 765 083

### Other contacts

Czech Orienteering Federation

Zátopkova 100/2

Praha 6 - Břevnov

169 00 Czechia

Website: [www.orientacnisporty.cz](http://www.orientacnisporty.cz)

E-mail: [csos@orientacnisporty.cz](mailto:csos@orientacnisporty.cz)

### Social media

 [@wcup.cz](#)

 [@wcup\\_czechia](#)

 [Český svaz orientačních sportů, IOF Orienteering](#)

 [@orienteeringWOC](#)

## SECTION 2: PROGRAMME

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### Monday 31<sup>st</sup> July

Time	Action	Place
14:00 - 20:00	Arrival / training Event office	Česká Lípa

### Tuesday 1<sup>st</sup> August

Time	Action	Place
9:00 - 12:00	Arrival / training Event Office	Česká Lípa
12:00	Deadline for final name entry	IOF Eventor
12:00	Competition entry deadline: Sprint Distance	IOF Eventor
14:00 - 20:00	Event Office	Česká Lípa
16:00 - 18:00	Technical model + model Sprint + Sprint Relay	Česká Lípa
18:30	TOM Sprint + Sprint Relay	Česká Lípa + on-line

### Wednesday 2<sup>nd</sup> August

Time	Action	Place
9:00 - 12:00	Event Office	Česká Lípa
12:30	Quarantine opened	Česká Lípa
13:40	Quarantine deadline Sprint, Arena opened for teams	Česká Lípa
14:10	Estimated first start Sprint 1 min interval M+W	Česká Lípa
15:50	Estimated last start Sprint 1 min interval M+W	Česká Lípa
15:52	Estimated first start Sprint Red Group Men	Česká Lípa
16:00 - 20:00	Event Office	Arena Lípa

16:02	Estimated last finish Sprint 1 min interval M+W	Arena Lípa
16:52	Last start Sprint Red Group Men	Česká Lípa
17:01	Estimated first start Sprint Red Group Women	Česká Lípa
17:07	Estimated last finish Sprint Red Group Men	Arena Lípa
18:01	Last start Sprint Red Group Women	Česká Lípa
18:16	Estimated last finish Sprint Red Group Women	Arena Lípa
18:25	Flower ceremony Sprint	Arena Lípa
19:00	Opening ceremony, Prize-giving ceremony Sprint	Arena Lípa
20:00	Competition entry deadline: Sprint Relay	IOF Eventor

### Thursday 3<sup>rd</sup> August

<b>Time</b>	<b>Action</b>	<b>Place</b>
9:00	Model Middle + Long opened (3.8., 9:00 - 4.8., 18:00)	Kokořínsko
9:00 - 12:00	Event Office	Česká Lípa
14:30	Czech O-Tour Stage 1 first start	Česká Lípa
15:30	Quarantine deadline Sprint, Arena opened for teams	Arena Lípa
16:00 - 20:00	Event Office	Arena Lípa
16:15	Quarantine deadline, Arena opened for teams	Arena Lípa
17:15	Start Sprint Relay	Arena Lípa
18:15	Estimated first finish	Arena Lípa
18:25	Flower ceremony Sprint Relay	Arena Lípa
19:00	Price-giving ceremony	Arena Lípa
19:00	Model Middle + Long closure for Thursday	Kokořínsko

### Friday 4<sup>th</sup> August

<b>Time</b>	<b>Action</b>	<b>Place</b>
9:00	Model Middle + Long (3.8., 9:00 - 4.8., 18:00)	Kokořínsko
10:00	Czech O-Tour Stage 2 first start	Nedamov
12:00	Competition entry deadline: Middle Distance	IOF Eventor
16:00 - 20:00	Event Office	Česká Lípa
18:00	Model Middle + Long closure	Kokořínsko
18:30	TOM Middle + Long	Česká Lípa + on-line

### Saturday 5<sup>th</sup> August

<b>Time</b>	<b>Action</b>	<b>Place</b>
7:30	Quarantine opened	Kokořínsko
8:32	Estimated first start Middle Women	Kokořínsko
10:00	Estimated first start Middle Men	Kokořínsko
10:30	Quarantine deadline	Kokořínsko
11:00 - 17:00	Event Office	Arena Korce
12:50	Last start Middle Women	Kokořínsko
13:25	Estimated last finish Middle Women	Arena Korce
14:42	Last start Middle Men	Kokořínsko
15:17	Estimated last finish Middle Men	Arena Korce
15:25	Flower ceremony Middle	Arena Korce
16:00	Prize-giving ceremony Middle	Arena Korce
16:00	Czech O-Tour Stage 3 first start	Arena Korce
17:00	Competition entry deadline: Long distance	IOF Eventor

## Sunday 6<sup>th</sup> August

<b>Time</b>	<b>Action</b>	<b>Place</b>
7:30	Quarantine opening	Kokořínsko
8:35	Estimated first start Long Men (WR pos. 130)	Kokořínsko
8:58	Estimated first start Long Women (WR pos. 70)	Kokořínsko
10:00	Quarantine deadline	Kokořínsko
10:00	Czech O-Tour Stage 4 first start	Arena Korce
10:18	First start Red Group Long Women, 3 min interval (WR pos. 30)	Kokořínsko
11:00 - 17:00	Event Office	Arena Korce
11:45	Last start Red Group Long Women (WR pos. 1)	Kokořínsko
13:05	Estimated last finish Red Group Long Women (WR pos. 1)	Arena Korce
13:46	Estimated last start Long Women (WR pos. 71)	Kokořínsko
13:45	Last start Red Group Long Men (WR pos. 1)	Kokořínsko
15:15	Estimated last finish Red Group Long Men (WR pos. 1)	Arena Korce
15:25	Estimated last finish Long Women (WR pos. 71)	Arena Korce
15:25	Flower ceremony Long	Arena Korce
15:50	Closing ceremony	Arena Korce
16:00	Prize giving ceremony Long	Arena Korce

## SECTION 3: VENUE, ACCESS AND TRANSPORT

### 3.1 VENUE

#### Česká Lípa

Česká Lípa is a town in the [Liberec Region](#) in the northern part of the [Czechia](#). It lies about 38 kilometres west of Liberec and 100 kilometres north of Prague. The town has about 37,000 inhabitants nowadays and was built near a ford on the Ploučnice river. The highest point of the municipal territory is Špičák with an altitude of 459 metres. The current territory of the town was permanently settled around the 13th century. The modern urban development of the town was influenced by industrial production and uranium mining in the region. Residential neighbourhoods consisting of large amounts of prefabricated housing were built on the outskirts, while the town centre was preserved and declared as an urban monument zone.

Many monuments remind us of the rich history of the city. For example the Lipý Water Castle, built in the 13th century, where many cultural events take place in its ruins today. Other sights include the former Augustinian Monastery, founded by Albrecht von Wallenstein in 1627, with the Loretan Chapel. There are also a number of churches, historic townhouses and the neo-renaissance town hall or the fountain on T. G. Masaryk Square from 1837, which is fully functional during summer even now.

#### Korce - Kokořínsko

Beautiful natural region of rocks, small lakes and villages full of traditional architecture. Kokořínsko is located near Doksy, and it is known for its romantic gorges and unique sandstone towers, gates, windows and other formations. The greatest feature of this area is the castle Kokořín, placed above the Kokořín pit, main pit of the Kokořín area. The pit is 14 km long and it is a natural reservation with a range of natural attractions. To name the most famous: Pokličky – mushroom formed rock columns, approximately 2 km away from castle Kokořín. The Cinibulkova trail will guide you through the most beautiful places, going from Romanov to Pokličky. Geologically, Kokořínsko belongs to the Bohemian Cretaceous Basin. It is formed of mesozoic sediments, mainly coarse-grained sandstone. Sandstone sedimented here 80–90 millions years ago, when the area was flooded by a prehistoric sea. There are deep canyon-shaped valleys in the sandstone plateaus, where numerous rock towers have formed on the edges through weathering.

### 3.2 COMPETITION ARENAS

#### Sprint and Sprint Relay: Arena Česká Lípa

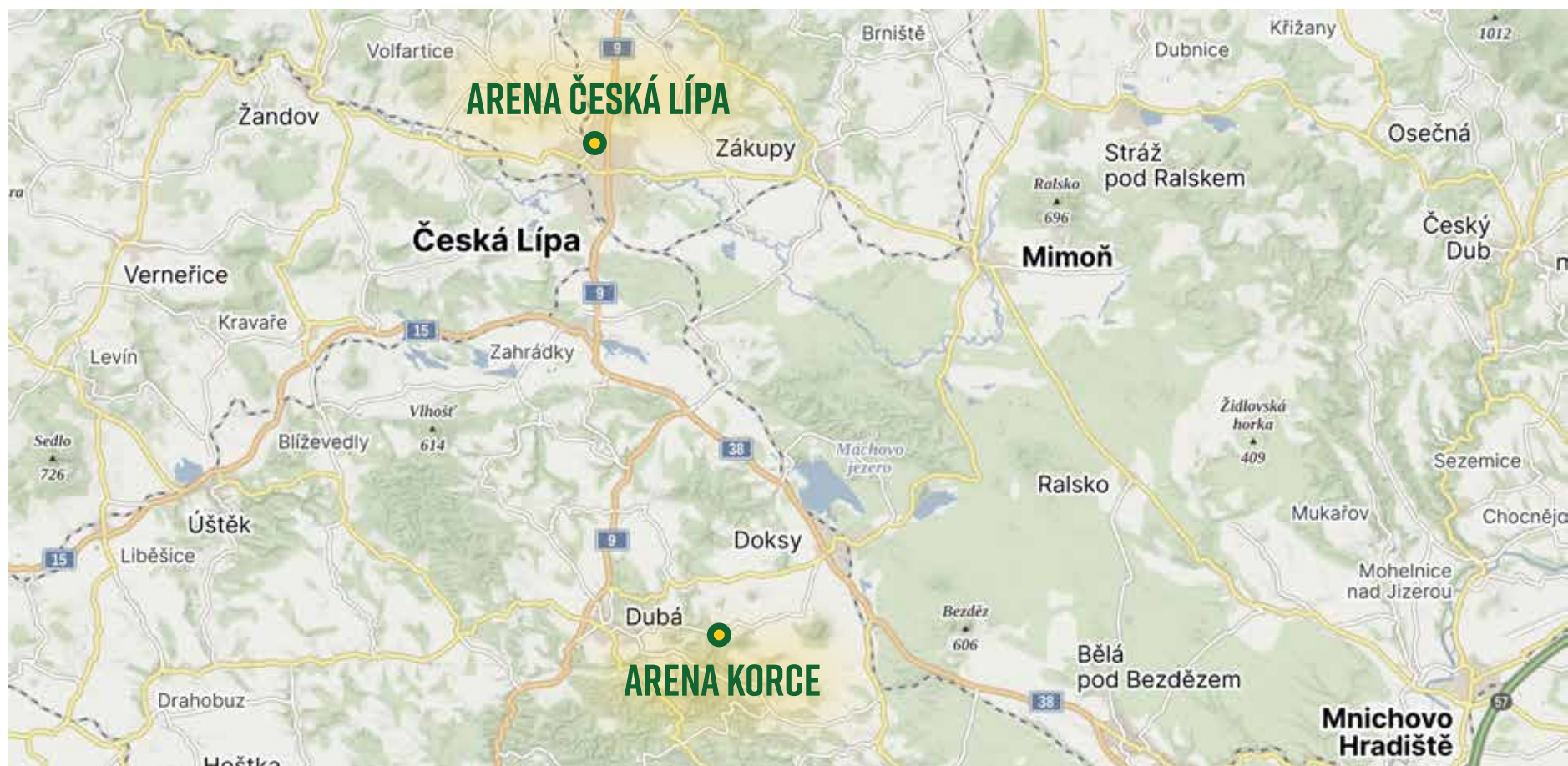
Arena Česká Lípa will be situated in a city park in the north-western part of the embargoed area, 2 km (5 min drive) from the Event Centre in Česká Lípa.

GPS Coordinates: 50.6902425N, 14.5360647E

### Middle and Long distance: Arena Korce

Arena Korce will be situated on a spacious meadow near Dubá, municipality situated in Česká Lípa district, 26 km (30 min drive) from the Event Centre in Česká Lípa.

GPS Coordinates: 50.5364275N, 14.5943806E





### 3.3 TRANSPORT AND TRAVEL OPPORTUNITIES

Teams are encouraged to use their own transport throughout the whole OWC, including travel to quarantine zones. Compulsory routes and coordinates of quarantine zones and team parking in the arenas will be described in section 12.

We recommend transport by car/minibus. Nearest major airport is (100 km to the Event Centre). It is possible to arrive in Česká Lípa by train (station Česká Lípa hl. n.).



### SECTION 4: EVENT CENTRE (OFFICE)

#### Česká Lípa, Municipal stadium near Ploučnice river

Athletic stadium equipped with an artificial surface suitable for all athletic disciplines. The stadium also offers other sports facilities such as grass fields and a basketball court. Changing rooms and showers are also available.

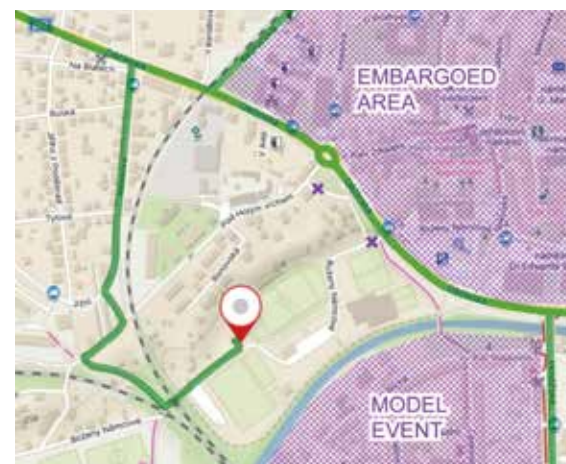
The Sprint Distance Model will take place close to the Event Centre.

GPS Coordinates: 50.6829072N, 14.5289892E

Web: <https://sportlipa.cz>

Address: Boženy Němcové 1711, Česká Lípa, Czechia

Arrival: Beware that you must arrive outside of the embargoed area (via Nawkova street)



### The Event Centre is the location for:

- Accreditation of Athletes and Team Officials
- Information Point for Teams
- Team Officials' meetings (also offered online)

### Opening hours of Event Office

<b>Monday 31st July</b>	14:00 - 20:00	Event Centre
<b>Tuesday 1st August</b>	9:00 - 12:00 14:00 - 20:00	Event Centre
<b>Wednesday 2nd August</b>	9:00 - 12:00 16:00 - 20:00	Event Centre Arena Česká Lípa
<b>Thursday 3rd August</b>	9:00 - 12:00 16:00 - 20:00	Event Centre Arena Česká Lípa
<b>Friday 4th August</b>	16:00 - 20:00	Event Centre
<b>Saturday 5th August</b>	11:00 - 17:00	Arena Korce
<b>Sunday 6th August</b>	11:00 - 17:00	Arena Korce

*Do not hesitate to contact the Event Office out of opening hours via email [office@wcup.cz](mailto:office@wcup.cz) or telephone +420 739 598 691; the times in the table above are for personal visits.*

### Accreditation for teams

Accreditation takes place at the Event Centre. A personal ID card will be handed out. All accredited persons must wear it at all relevant times and present it for access to authorised zones. An athlete without an accreditation will not be allowed to run a race.

At accreditation every athlete receives the ID card. The Team official will be given a package consisting of backup SIAC cards, a printed version of Bulletin 4, a model event map, two vouchers for coffee, and a small present for every Team Member. Each Team also receives two transferable ID cards to the Finish Zone. The backup SIAC card is personally assigned and shall be used in all competitions. The SIAC card must not be used by other athletes. Parking permits for team cars are also handed out at the accreditation.

Accreditation for the World Cup is only possible if all payments are fully settled. In case of emergency/discrepancies, e.g. bank charges, paying with a bank/credit card will be possible at the Event Centre. Teams need to provide a telephone number so that the organisers can quickly contact the team officials if necessary.

## SECTION 5: REGISTRATION

### 5.1 TEAM REGISTRATION

All entries can only be made in IOF Eventor. The entry form is available on:

<https://eventor.orienteering.org/Events/Show/7247>

- The event start date is 2nd August 2023
- The deadline for **Late Entries, Changes of Team Size or Team Names for accreditation** is 1st August 2023 at 12:00

#### Competition Entries

Names of the competitors and, if required, their starting group, shall be entered in IOF Eventor by the following times at the latest:

- 1st August 2023 **12:00 CET: Competition Entry Deadline for Sprint**
- 2nd August 2023 **20:00 CET: Competition Entry Deadline for Sprint Relay**

Mixed teams must be signed in personally at the Event Office or sent to [office@wcup.cz](mailto:office@wcup.cz) no later than August 2, 2023 20:00 CET. Athletes who want to participate can also register on a waiting list, from which the organisers will form relay teams.

- 4th August 2023 **12:00 CET: Competition Entry Deadline for Middle**

- 5th August 2023 **17:00 CET: Competition Entry Deadline for Long**

#### Entry changes

- **24th July - 1st August 2023** – surcharge 50 % on new entries, withdrawals receive a 50 % refund.
- **After 1st August 2023 12:00 CET** – no other entries or changes will be accepted.

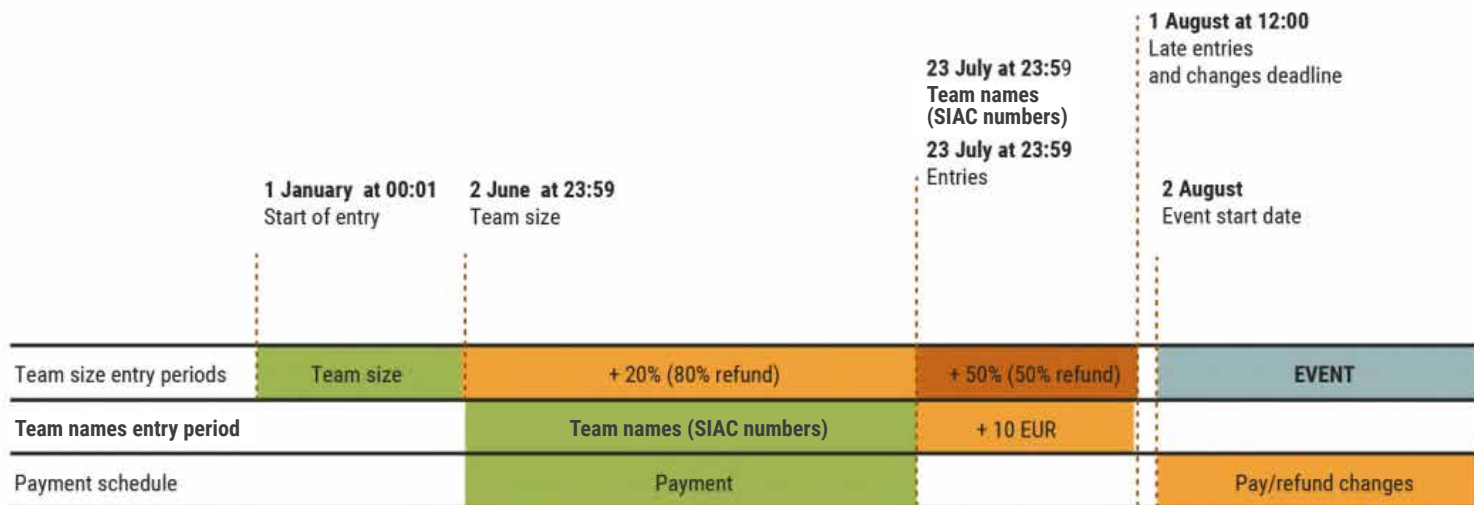
#### Name changes

- **24th July - 1st August 2023** – surcharge 10 EUR
- Changes of names for competition according to IOF rules, no fee.

#### Late entries, changes of team size or team names

Late Entries and changes will be accepted, if possible until **1<sup>st</sup> August 2023 at 12:00** and will always have a defined extra cost (surcharge). No late entries or changes will be accepted after that date.

Late entries and changes will always be treated equally and must be communicated directly to the organiser at [office@wcup.cz](mailto:office@wcup.cz). The organiser will make the changes in IOF Eventor after the deadlines.



## 5.2 POSSIBLE START ON KWAK CZECH O-TOUR

All accredited Athletes who are not allowed to start in the World Cup race because of the National Quotas are welcome to participate in some Public Races Kwak Czech O-Tour (classes HD21 Elite, HD21A, Training) free of charge.

	Format	Venue	First start
<b>Thursday 3rd August</b>	E1 - Sprint	Arena Česká Lípa	14:30
<b>Friday 4th August</b>	E2 - Middle	Arena Nedamov	10:00
<b>Sunday 6th August</b>	E4 - Long	Arena Korce	10:00

**(!) It is strictly forbidden for any Team member to participate on Saturday's middle on public races (E3)!**

Entries are possible at the latest a day before the chosen stage until 18:00, via [office@wcup.cz](mailto:office@wcup.cz) or personally in the Event Office. We enable starts in the classes above up to the total number of vacancies - we recommend you to book your slot in advance.

## 5.3 ENTRY FEE DESCRIPTIONS

Category	Fee	
Accreditation	Accreditation fee - team officials (see note 1)	80 EUR
Athletes	Entry fee - complete bundle (see note 2)	300 EUR
SIAC card rental	Per person per whole event (see note 3)	10 EUR
IOF Guests	IOF Guests, Partners and Sponsors	no accreditation fee
IOF Family	Per person	40 EUR
Media	Per person	no accreditation fee

### Notes

1. Accreditation fee for team officials covers model events, parking at the arena and a set of competition maps.
2. Package includes: Starting fee for all competitions and training and competition maps.
3. The pre-ordered rental SIAC cards will be handed out in the Event Office together with backup SIAC card (without any fee) as a part of the accreditation. A team manager shall return all SIAC cards at the Event Office after the last race. Any missing or lost SIAC card will be charged with a fee – 80 EUR. SIAC cards should be ordered with team size entry (2nd June 2023). Later SIAC card orders are possible until 30th June at the latest; after this date the organisers no longer guarantee that they will have SIAC cards available.

## 5.5 PAYMENTS

Payment must be credited to the organiser's account no later than 10 days before the event starts – 23rd July 2023, otherwise competitors will not be allowed to start. Invoices will be issued at the beginning of June 2023. All bank costs must be covered by the payer.

### Payment details

Bank: MONETA Money Bank, a. s.,  
Vyskočilova 1442/1b,  
140 28 Praha 4 – Michle, Czechia

Account number: 244499346/0600





























IBAN: CZ18 0600 0000 0002 4449 9346

BIC (SWIFT): AGBACZPP

Account owner: Český svaz orientačních sportů,  
Zátopkova 100/2,  
169 00 Praha 6 – Břevnov, Czechia

Invoice reference: Invoice number

## SUMMARY OF ENTRIES

Federation	Men	Women	Team Officials	Total
 Australia	6	6		12
 Austria	8	8	3	19
 Belgium	4	3	1	8
 Czechia	11	12	4	27
 Denmark	8	10	3	21
 Estonia	6	5		11
 Finland	10	10	4	24
 France	9	6	5	20
 Germany	6	4	2	12
 Great Britain	7	7	4	18
 Hong Kong China	4	4	1	9
 Hungary	6	6	2	14
 Israel	4			4
 Italy	4	4	2	10
 Japan	3	2		5
 Latvia	6	6	2	14
 Lithuania		1		1
 Netherlands		1		1
 New Zealand	5	3		8
 Norway	10	10	6	26
 Poland	5	4	2	11
 Romania	1			1
 Slovakia	5	3		8
 Spain	6	6	1	13
 Sweden	13	15	5	33
 Switzerland	10	10	4	24
 Ukraine	5	4		9
 United States	1	2		3
<b>Sum</b>	<b>163</b>	<b>152</b>	<b>51</b>	<b>366</b>

## SECTION 6: ACCOMMODATION AND FOOD

### 6.1 ACCOMMODATION

In case of any problems or changes with accommodation booked through the organiser, please contact us via email at [accommodation@wcup.cz](mailto:accommodation@wcup.cz).

If you still do not have accommodation secured, do not hesitate to contact us and we will try to help you in your search.

### 6.2 FOOD

In the team zone in the arenas, we offer fruit and water. Hot and cold food and drinks will be for sale in the arenas. Vegetarian food will also be offered.

## SECTION 7: EMBARGOED AREAS

### 7.1 EMBARGOED AREAS INFORMATION

According to the IOF Competition rules (§ 26.5), embargoed areas are forbidden for all potential OWC Round 2 athletes, team officials and other persons, who, through knowledge of the terrain, may influence the results of the competitions. All embargoed areas are

‘strict embargo’. More information and maps are available on <https://eventor.orienteering.org/Events/Show/7247> and the website [www.wcup.cz](http://www.wcup.cz).

**Attention: Arrival at Event Centre - you must use a route keeping outside the embargoed area (via Nawkova street).**

#### Embargoed areas

- **7/1 - Ždírecký důl (Middle & Long)**
- Road Nedamov – Ždírec allowed to pass through (except on race days 5.-6.8.2023).
- Road Ždírec – Blatce - Vlkov allowed to pass through (except on race days 5.-6.8.2023).
- Road no. II/259 Dubá - Vlkov allowed to pass through.
- **7/2 – Česká Lípa (Sprint & Sprint Relay)**
- Road no. I/9 allowed to pass through.
- Road no. II/262 allowed to pass through.
- **7/3 – Muchov (Reserve area Middle & Long)**
- **7/4 – Železný Brod (Reserve area Sprint & Sprint Relay)**
- Road no. I/10 allowed to pass through.
- Road no. II/288 allowed to pass through

**Exception:** It is allowed to enter the embargoed area following instructions expressly written in this bulletin: model event maps, allowed route to respective model event start, allowed route to quarantines, etc. See details in the event information section.

## 7.2 INTERACTIVE MAP

[Link to interactive map](#)

## 7.3 PREVIOUS ORIENTEERING MAPS

In embargoed areas for Sprint and Sprint Relay, no ISS(pr)OM old maps are available. There are only very old maps from 1988:

<https://mapy.orientacnisporty.cz/data/jpg/3825a.jpg>

<https://mapy.orientacnisporty.cz/data/jpg/4062a.jpg>

In embargoed areas for Middle and Long, there are no older maps available.

## SECTION 8: TRAINING OPPORTUNITIES

Apart from model events it is possible to visit relevant training maps offered. Almost all relevant training terrains are in nature protected areas. Therefore, all training activities shall be coordinated with the organisers. All information about training maps and areas offered and about relevant competitions in Czechia can be found on <https://wcup.cz/training> (from July 31st more training areas are opened). For questions or any further training stay arrangements, don't hesitate to contact Adam Hájek at [trainings@wcup.cz](mailto:trainings@wcup.cz).

**From July 31st on:** printed training maps can be obtained directly in

the Event Office, 2 EUR per map.

## SECTION 9: CLASSES AND PARTICIPATION RESTRICTIONS

### 9.1 COMPETITION RULES

The complete rules for the World Cup 2023 consist of:

- [Orienteering Competition Rules](#) valid from 1 February 2023
- [World Cup Special Rules 2023](#) (version 25th May 2023)

Latest versions of the Rules are found on the [IOF website](#). Runners are awarded World Cup points as per 2023 World Cup Special Rules.

### 9.2 CLASSES AND ENTRY REGULATIONS

There are two classes, Women and Men. Participation restrictions, classes and qualification system will follow the World Cup Special Rules for 2023.

According to the IOF Council's decision on 28th February and 4th March 2022, Russian and Belarusian orienteering athletes, in all IOF disciplines, will not be allowed to participate in IOF events. Athletes will also not be allowed to participate as neutral athletes.



## 9.3 NATIONAL QUOTA AND PERSONAL STARTING ALLOCATIONS

### Women's Sprint + Middle Distance + Long Distance

- 8 Spots – SWE, SUI, FIN, NOR, DEN, CZE
- 6 Spots – GBR, AUT, ITA, LAT, FRA, ESP, HUN, AUS
- 4 Spots – All other (non-suspended) IOF member Federations
- Extra allocation: Tove Alexandersson (SWE) – all competitions
- Extra allocation: Megan Carter Davies (GBR) – Sprint
- Extra allocation: Overall World Cup leaders after Round 1
  - Tove Alexandersson (SWE) – all competitions
  - Sara Hagström (SWE) – all competitions
- Extra allocation: WOC 2023 Middle Distance Champion
  - Tove Alexandersson (SWE)
- Extra allocation: WOC 2023 Long Distance Champion
  - Simona Aebersold (SUI)

### Men's Sprint + Middle Distance + Long Distance

- 8 Spots – SWE, SUI, NOR, FIN, FRA, CZE
- 6 Spots – DEN, AUT, GBR, ITA, ESP, HUN, LAT, GER
- 4 Spots – All other (non-suspended) IOF member Federations
- Extra allocation: Kasper Harlem Fosser (NOR) – all competitions
- Extra allocation: Overall World Cup leader after Round 1
  - Kasper Harlem Fosser (NOR) – all competitions
- Extra allocation: WOC 2023 Middle Distance Champion
  - Matthias Kyburz (SUI)

- Extra allocation: WOC 2023 Long Distance Champion
  - Kasper Harlem Fosser (NOR)

### Sprint Relay

A Federation may enter 4 teams consisting of 4 competitors (of whom at least 2 shall be women), but only the best-placed team will be placed in the results. Incomplete teams, and teams with runners from more than one Federation are allowed to start but are not included in the official results.

## 9.4 ANTI-DOPING CODE

Doping is strictly forbidden and the organisers of the Orienteering World Cup 2023, Round 2 are dedicated to supporting the anti-doping authorities in their work. Doping tests are always carried out in accordance with the procedures described in the WADA International Standard for Testing. The IOF Anti-Doping Code and Rules and the World Anti-Doping Code 2021 apply as of 1st January 2021. Athletes who are selected for the doping tests must bring an official identification (with photo) to the doping test area. The athlete should also bring along their therapeutic use exemption (TUE) if applicable. In general, it is advisable that the athletes bring along their ID to all the competitions and events.

For more information, please consult: [Anti-Doping](#)

## 9.5 INSURANCE

The organisers decline any liability that might occur through participation in the IOF World Cup Events and Training. Each person participates at their own risk and is responsible for their own insurance coverage (illness and accident).

There are no other peculiarities for this event.

## 9.6 CLIMATE AND HAZARDS

The average minimum temperature (usually the minimum temperature is noted during the night) in Česká Lípa in August is 13.8° C. The average maximum daytime temperature lies around 24.0° C, while maximum temperature up to 37° C is possible. The amount of rain in August is normal with an average of 83 mm. It rains on average a total of 13 days. Wild bees may be encountered in the areas. Ticks, carrying Tick-borne encephalitis and Lyme-disease, are present.

## 9.7 VISAS

According to the current regulations citizens of some countries must obtain a visa in order to enter the Czech Republic. Please note that conditions of entry to the Czech Republic can change and all Orienteering World Cup participants are advised to keep up-to-date of the current situation.

Please visit:

[https://www.mzv.cz/jnp/en/information\\_for.aliens/index.html](https://www.mzv.cz/jnp/en/information_for.aliens/index.html)

## 9.8 ATHLETE LICENCE

All participants need a valid IOF Athlete licence. To have a valid licence, the athlete needs to sign an athlete licence form and pay an annual fee of 40 EUR. If the athlete has signed the form in previous years they don't need to sign a new form. Payment of the annual licence fee is done in IOF Eventor, please consult the IOF Eventor Guide regarding this.

To find the rules and forms and more information, please consult: [Athletes licence](#)

If you have questions about IOF Athlete licence, please contact the IOF Office on [iof@orienteering.sport](mailto:iof@orienteering.sport).

## 9.9 EMERGENCY AND HEALTH SERVICES

First-aid services will be provided at the competition arenas. Outside competitions you may use the emergency and health services of the region.

The organisers have to inform the local health service of every serious health problem (breathing problem, diarrhoea, coughing, high temperature, ...), for epidemical reasons. In the case of an illness

please report to [office@wcup.cz](mailto:office@wcup.cz).

### **The phone numbers for emergency calls in Czechia**

General emergency: 112

Medical: 155

Police: 158

Fire: 150

Hospital Česká Lípa: +420 487 954 111

### **9.10 AFRICAN SWINE FEVER (ASF)**

In Czechia, cases of African swine fever have been recorded, which is a very dangerous, contagious disease of domestic and wild pigs. ASF is characterised by high infectiousness and mortality in infected animals. In the external environment, the ASF virus is very resilient. It is highly resistant to low temperatures and drying (it survives in frozen meat for several years). **It is not transmitted to humans.**

ASF can be transmitted not only through direct contact with an infected animal, but also through products derived from infected animals (undercooked meat and its products, untreated hunting trophies and hunting residues) or through contaminated objects and feed. The main source of ASF spread in wild boar populations are infected dead pigs (carcasses). Recently, however, the greatest risk of spreading over long distances has become humans and their activities (leisure activities, business activities and trading, travel – e.g. transmission of the virus on shoe soles).

If a dead wild boar is found, do not touch it, do not handle it and keep a safe distance of about 2 m. **Report the place of finding to the event organiser** who will report it to the Regional Veterinary Administration.

### **9.11 PHOTO AND VIDEO DISCLAIMER**

By taking part in OWC 2023 Round 2 as a participant or spectator, you acknowledge your consent to interview(s), photography, audio recording, video recording and its/their release, publication, exhibition, or reproduction to be used for news, webcasts, promotional purposes, telecasts, advertising, inclusion on websites, or any other purpose by OWC 2023 Round 2 organisers and their affiliates and representatives. No drones are allowed in the competition area without written permission from the organisers.

### **9.12 FAIRNESS RULES**

1. It is not allowed (and not fair) to gain any unofficial information about the race, especially about courses, maps, location of pre-starts etc.
2. Team members heading to pre-starts are not allowed to visit the arenas before their respective competitions. It is also not allowed (and not fair) to gain any unofficial information about the arenas from other persons.

3. When staying in the quarantine, mobile phones and all other devices with internet access must be completely turned off. Random checks are possible.

4. It is allowed to use music players without any built-in connectivity. Inside the quarantine, athletes wearing headphones might be randomly asked to display their players for checking.

5. All tents inside the quarantine must stay open so that it is possible to see inside.

6. It is strictly forbidden to bring any electronic devices (except for watches) into washrooms or any other private rooms – no matter if the device is turned on or not.

7. Athletes are only allowed to use passive GPS devices, i.e. not providing any navigational or mapping function for tracking the route.

8. It is not allowed to use any old maps of the competition areas after having left the accommodation on competition day.

9. It is strictly forbidden for team members to re-enter the competition area until the last OWC athlete of the last OWC competition in the area has arrived at the finish.

10. Violations of these rules should be immediately reported to any member of staff, in order to preserve fairness.

11. Violation of these rules may result in the disqualification of the whole team.

## SECTION 10: MEDIA

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We are honoured to welcome journalists, photographers, camera personnel and social media content creators from all over the world in both of our arenas in Česká Lípa and Korce.

### 10.1 MEDIA REGISTRATION

We welcome all media representatives as our partners to cover the thrilling competitions of World Cup 2023 in Česká Lípa and Korce. For registration, please send an email to [media@wcup.cz](mailto:media@wcup.cz) with the following information:

- First and last name
- Media or Organization
- Email address
- Phone number
- Photographer or Reporter
- Media race participation yes/no

Media registration is free of charge. For more details, please see media invitation at the OWC official website in [media section](#).

## 10.2 MEDIA ACCREDITATION

Media accreditations can be collected in the Event Office until August 1st at 20:00. After this time, accreditation will be available for pick-up in the Media Centre. Special accreditation cards must be shown when entering the Media Centre.

## 10.3 MEDIA CENTRE

Before the beginning of OWC 2023 Round 2, all accredited media will receive a newsletter informing about the event. In addition, an email with key information will be sent to all registered media representatives before every race.

During the forest races there will be designated photo controls to which accredited photographers will be accompanied by our guides. During the sprint events, our guides will assist and control the organization of the photographers in the finish area. Photography is not prohibited inside the competition area, but please check with the Media Manager during pre-race briefing.

There will be a short media/photographers pre-race briefing at the beginning of every competition day in the Media Tent placed in the arena.

The media service includes:

- Access to media tent with workstations
- Wi-Fi, electricity, printers
- Maps and start lists
- Live services (results, TV production, GPS)
- Access to photo controls and photo spots in arenas
- Participation in VIP/Media race
- Coffee/tea, refreshments

## 10.4 LIVE SERVICES

There will be live TV production during all races. The Orienteering World Cup races will be broadcasted by ČT sport (Czechia), SVT (Sweden), YLE (Finland) and TV8 Mont Blanc (France), and also worldwide via <https://tv.orienteeing.sport/> with English commentary. Here is the broadcast schedule:

2nd August	16:00 - 18:30
3rd August	17:00 - 18:30
5th August	11:00 - 15:30
6th August	11:00 - 15:30

During the competitions, athletes may encounter camera crews and media representatives in the terrain. Camera controls and intermediate time controls are not marked on the control descriptions. Athletes may also be followed by a running camera or by camera drones during the race. The drones will keep a proper

distance from the athletes. There are commercial signs in the terrain and they are not marked on the map.

## 10.5 VIP/MEDIA RACE

The VIP/Media race will be organised on the 3rd August from the [OWC arena](#) in Česká Lípa.

- Registration will take place in Media tent (for media), VIP tent (for VIP)
- Start will be from 15:00 to 17:00
- SI cards will be available in Media and VIP tents
- VIP/Media race will use the controls of spectator race Kwak Czech Orienteering Tour, Stage 1

## 10.6 MEDIA CONTACT

Alena Dlabajová, [media@wcup.cz](mailto:media@wcup.cz), +420 727 938 093

# SECTION II: RACE INFORMATION

## II.1 PUNCHING AND TIMING

SPORTident Air+ punching will be used for all competitions. OWC participants are requested to use their own SIAC cards as primary

SIAC during the event, for sustainability reasons. SIAC card numbers must be given with the Team Names Entry via Eventor by 23rd July at the latest.

The organiser will offer SIAC cards for rent only to a very limited extent during the Event for a charge of 10 EUR.

One backup SIAC card will be provided by organisers for free as a reserve in case of primary SIAC card failure only. It is not allowed to use this backup SIAC card as the primary one and enter its number to Eventor.

Every SIAC card change must be communicated directly to the organiser on [office@wcup.cz](mailto:office@wcup.cz) as soon as possible.

**In every race every participant may carry 2 SIACs** - primary, his/her own SIAC (or rent from organiser) and a backup, which he/she will get on accreditation. Please use these cards with SportIdent recommendations - see [https://www.sportident.com/documents/information\\_technical/SI\\_system\\_AIRplus/sportident\\_airplus\\_information\\_for\\_athletes.pdf](https://www.sportident.com/documents/information_technical/SI_system_AIRplus/sportident_airplus_information_for_athletes.pdf). The second SIAC will be used as backup in case your primary will stop punching for any reason. Before every race please check that you have a primary SIAC with a number assigned to you. SIAC number will be checked on quarantine entry and also before start.

The starting procedure, punching and finish procedure will be presented at the technical model event.

Prior to the start, it is requested that you:

1. perform SIAC BATTERY TEST for both cards (available in quarantine zones)
2. CLEAR both cards
3. CHECK both cards
4. TEST both cards that they are working in contactless mode

During the race both cards must be carried on the same arm next to each other (e.g. on two fingers of one hand). When punching, it is the competitor's responsibility to receive feedback signals. It is not important whether the feedback is given by both cards or just one card; only in the case where the feedback is not received by either of them, should the competitors try to punch in a contact way (put one of the cards into the hole), and if this does not work, may punch manually (backup needle punch) into the competition map.

After crossing the finish line, the primary SIAC card will be read out. If there is any punch missing, the secondary/backup SIAC card will be read out too, and punches from both cards will be merged to form the punching record.

## 11.2 GPS TRACKING

GPS tracking will be used for live TV production, arena production on the big video screen and live on-line transmission. In every race, selected competitors may be asked to carry a GPS tracking device. It has to be carried on the back of the competitor in an elastic harness.

It is mandatory for the selected competitors to carry the GPS unit.

Personal harnesses are allowed. Please take your own GPS-harness with you if possible (hygienic reasons). The organiser provides GPS-harnesses upon request. Please send the required number of vests to [office@wcup.cz](mailto:office@wcup.cz) no later than by accreditation. Harnesses will be handed out to the team officials for the whole event during accreditation. Harnesses have to be handed in after the last race of that athlete together with a backup SIAC card. Missing harnesses will be charged to the federations.

Competitors are obliged to pick up the GPS unit in the pre-start area prior to entering the first corridor - see the specific start procedure description of every competition.

## 11.3 CLOTHING AND FOOTWEAR

There are no regulations regarding clothing. Shoes with metal dobbs and spikes are forbidden for all races and training sessions! This will be checked.



NO DOBBS

## 11.4 TEAM OFFICIALS MEETINGS

TOMs will be held during rest days in the Event centre and broadcast on-line, so you can join remotely. We will organise two technical TOMs with different focus:

Date	TOM Focus	Est. start time	URL link
Tuesday 1 <sup>st</sup> August	Sprint and Sprint Relay	18:30	<a href="#">Link here</a>
Friday 4 <sup>th</sup> August	Middle and Long distance	18:30	<a href="#">Link here</a>

TOM presentation slides from the team officials' meetings will be uploaded to IOF Eventor after the meeting. Questions for the Team Officials' Meetings shall be sent by e-mail to [office@wcup.cz](mailto:office@wcup.cz) until 16:00 on the respective day and will be answered during the meeting.

## 11.5 NEW COMPETITION MAPS

Competition maps will be collected at the finish. New maps will be handed out to the team leaders at the Event Office info point in the arena after the quarantine is closed or on the following day. On the last day of the event, the teams will receive maps when handing over all borrowed items to the organisers (SIAC cards, GPS vests, ...).

## 11.6 START NUMBER BIBS

All bib numbers will be prepared for self-service pick up in the quarantine of each competition. Organisers provide two bibs which must be placed visibly on the chest and back and may not be folded or cut.



## 11.7 CONTROL DESCRIPTIONS

Control descriptions are in accordance with the IOF standard. The control descriptions will be available in the start corridor. The control descriptions are also printed on the competition maps. At the Sprint Relays, control descriptions are only printed on the map.

## 11.8 LATE STARTS

Runners who miss their start time due to their own fault are permitted to start but are timed as if they had started at their allocated start time. Runners who are late because of a fault by the



organisers are given a new start time.

In both cases the following procedure must be used at the start: A late athlete must report at the entrance to the first corridor.

If the organisers decide there is still enough time to start at the allocated start time, she/he can continue through the start lanes followed

by an official. If it is not possible for the runner to start at the allocated start time, she/he will be allowed to start between the next start interval. However, athletes from the same federation are not allowed to start consecutively.

## **11.9 QUARANTINE ZONE AND PRE-START**

A Quarantine zone consists of “Quarantine”, “Pre-start” and “Start”. In all competitions Quarantine = Pre-start and athletes leave the quarantine zone directly to the start procedure. The logistics are described separately for every competition.

When arriving at the quarantine, the athletes and coaches have to check in by showing their accreditation card, and must sign the list before the quarantine closes. No-one will be allowed to enter the quarantine area after the deadline. All quarantines are located on meadows and offer tents provided by organisers. Setting up own team tents will be allowed at all the quarantines but must stay open. Toilets are available in quarantine zones. Drinking water will be

available near tents for athletes - please refill your own bottles instead of using disposable plastic cups. There will be a clock showing the official competition time. All competitors are strongly advised to perform the SIAC battery test and in case of low battery indication request an SIAC replacement at the quarantine check-in desk. Bags are transported to the team zone in the arena from quarantine. You can leave your labelled bags in a designated tent in the quarantine zone.

Athletes have to pick up their number bibs at the pre-start; bibs must be worn on the athlete’s chest and back. Warm-up maps (if applicable) will be given to athletes when entering the quarantine zone; warm-up maps areas are considered as part of the quarantine zones.

Please respect the fairness rules (see 9.10) in the quarantine. Be aware that quarantine rules are valid all the time in the quarantine, on the way from quarantine to pre-start, in the pre-start area and on the warm-up map until the athlete starts.

Please, be fair and remember the following most important quarantine rules:

- The use of mobile phones, computers or any other communication device or device with internet access is strictly forbidden. Random checks are possible.
- It is allowed to use music players without any built-in connectivity. Inside the quarantine, athletes wearing headphones might be randomly asked to display their players for checking.

- All tents inside the quarantine must stay open so that it is possible to see inside.
- It is strictly forbidden to bring any electronic devices (except for watches) to washrooms or any other private rooms – no matter if the device is turned on or not.
- It is not allowed to bring any maps into the quarantine zone
- Athletes leave the quarantine zone to the start procedure according to the start list. Coaches can leave at any time, following the procedure of the particular competition. But once they have left, they are not allowed to return.

## **11.10 START**

Once the athletes enter the start procedure they are not allowed to go back to the quarantine. Only athletes registered for that race have access beyond the entrance to the start procedure. Coaches are not allowed to follow the athletes beyond the entrance to the start procedure (1st corridor) at any competitions. The competitor's name and bib number are called at the pre-start. It is the competitor's responsibility to watch for his/her start time. There is also a clock showing competition time in the pre-start area. Athletes will go forward to where GPS units are placed in the harness, SIAC cards are checked, and the control descriptions are handed out. There will be clocks on the start line showing the competition time. For specific details, see descriptions in each competition section. The start triangle is marked in the terrain by a control flag. The route to this flag

is marked and compulsory for the competitors to follow all the way to the start point.

## **11.11 COACHING ZONE**

There will be a marked coaching zone at the Sprint Relay. Coaches will be able to return to the team zone. Two accredited coaches per team are allowed inside the coaching zone. Team coaches can hand out personal refreshments. It is forbidden to pass any information related to courses to the athletes.

## **11.12 REFRESHMENT POINTS**

Refreshment points within courses will offer water (transparent cups) and IoniLyte - hypotonic ionic drink contains an optimal sodium to potassium ratio of 3.5:1 (dark brown cups) . The high content of natural magnesium helps to reduce the level of fatigue, exhaustion and normal muscle activity.

## **11.13 FINISH**

The marked route from the last control to the finish must be followed. After crossing the finish line, the athletes read out their primary SIAC card (in case of problem backup SIAC will be read), return the map and the GPS. Refreshments will be provided as well as access to first aid if needed. Two accredited team members per team are allowed

inside this zone. Special accreditation cards must be shown when entering the finish zone (access from the team zone). Athletes selected for anti-doping testing will be met here by their chaperones. Athletes then access the mixed zone on the way to the team zone. The current leader might be asked to take his/her place on the Leader Chair in the finish area. Please stay there until a new leader comes to the Leader Chair.

### **After race quarantine**

In Middle and Long distance the after-race quarantine for the first finishers applies, to shorten the quarantine period. All competitors finishing their race before the quarantine deadline and all team members present in the arena before quarantine deadline must stay in after-race quarantine in the team zone, where quarantine rules apply.

## **11.14 COOL DOWN AND TEAM ZONES**

Cooling down is only allowed in the public part of the respective competition arena and the team zone. For forest races, cooling down is also possible along the access road to the arena outside the embargoed area. Fair play: It is strictly forbidden for team members to re-enter the competition area until the competition is finished. Please stay inside the team zone or in the public part of the arena. The team zone will be equipped with tents and toilets. Own team tents will be allowed in the team zone at the finish (except in Arena Česká Lípa).

## **11.15 ABANDONING A RACE**

Athletes who are forced to abandon a race must report to the finish staff and hand in their competition maps. A retiring athlete may not influence any other competitor.

## **11.16 MEDIA CONTROLS**

Athletes may meet TV staff or journalists/photographers near control points, not marked in the control descriptions. All controls are also guarded by the organisers.

## **11.17 COMPLAINTS AND PROTESTS**

### **Sprint competitions**

Rules 27 (Complaints) and 28 (Protests) will not operate. The [IOF Referee system](#) will be in place instead.

Referrals must be made to the organisers (Event Director or at the Event Office) as soon as possible, within a minimum of ten minutes of the official results being published.

There is no appeal against the decision of the referee except as provided by Rule 30 (Appeals).

Referrals can be made orally but must be confirmed in writing as soon as possible after the oral referral.

### **Forest competitions**

A complaint must be made in writing as soon as possible and given to the Event Director or handed in at the Event Office. There is no fee for a complaint. Complaints concerning results must be made no later than 15 minutes after the full preliminary results have been announced by the Speaker. An IOF complaint form should be used, forms are available at the Event Office.

A protest may be made against the organiser's decision about a complaint. Any protest must be made in writing to the Event Director or handed in at the Event Office no later than 15 minutes after the organiser has informed the complainant of the decision about the complaint. A protest fee of 50 EUR shall be paid in cash to the IOF Senior Event Adviser. The fee will be returned if the protest is accepted by the jury. When a protest is signed by more than one Federation, each Federation shall pay the protest fee.

## **II.18 CEREMONIES**

### **Opening Ceremony**

The Opening of Orienteering World Cup 2023, Round 2 will take place on 2nd August at 19:00 together with the prize-giving ceremony at the arena for Sprint (Česká Lípa).

The opening will be in the form of several welcome speeches and it will take around 10 minutes. There will be no parade of nations.

### **Flower Ceremony**

Only a few minutes after the conclusion of each race, there will be a flower ceremony for the best 3 athletes on the stage with live broadcasting on TV. Please be ready and on time for this award if you are on the podium. Special ceremony-bib will be handed out by the organisers just before the start of the ceremonies.

### **Prize-giving ceremonies**

Athletes ranked on positions 1 – 6 are kindly requested to line up behind the stage 10 minutes prior to the prize-giving ceremonies. It's the athletes' responsibility to be there on time. Otherwise, an athlete will miss out on their prize! Athletes taking part in the prize-giving ceremony should wear their national team uniform. All prize-giving ceremonies take place in the finish areas.

### **Closing Ceremony**

The Closing will be held at the arena in Korce together with the Long distance prize-giving ceremony. There will be no parade of nations.

## SECTION 12: EVENT INFORMATION

### 12.1 MODEL EVENTS

We will offer two official model events as relevant training for OWC competitions. For model events we will offer fresh maps mapped by OWC cartographers. Model Event maps will be handed out to the team officials in the Event Office during accreditation. There are no maps at the start or parking areas.

#### **Technical model + Model event Sprint + Sprint Relay**

Date: Tuesday August 1st, 16:00 - 18:00

Parking: Česká Lípa, Event Centre, Municipality stadium near Ploučnice river (50.6829072N, 14.5289892E)

Arrival: Beware that you must arrive outside of the embargoed area (via Nawkova street) - see section 4

Start is located just in front of the Event Centre. OWC, R2 start procedure is shown.

Map: 1:4000, contour interval 2m, ISSprOM 2019-2, offset print, by Radek Novotný

Course: all controls map is offered. But the controls in the codes sequence 31, 32, 33,... makes a short model course. It is up to the team members if they connect the controls or not.

Orienteering flags + SI units are on controls. Session is timed, you can read out your SI card in the finish area. Aim of this model event is to give you an example of OWC start and finish procedure; examples of punching and how artificial barriers are marked and uncrossable objects taped, are included.

It is possible to visit the model event area out of dedicated time, but no controls are set and some private and fenced areas will be closed.

#### **Model event Middle + Long**

Date: Thursday August 3rd, 9:00 - 18:00; Friday August 4th, 9:00 - 18:00

Parking: Official parking at Houska castle (50.4894433N, 14.6323272E). Parking is normally paid. During the model event official dedicated times, teams can park for free when showing the accreditation and OWC parking card.

Arrival: From Česká Lípa via roads no. I/9, I/38 and II/273 to Doksy -> Okna -> Žďár and Kruh to Houska

Map: both 1:10000 and 1:15000, contour interval 5m, ISOM 2017-2, offset print, by Aleš Hejna

Course: all controls map is offered. But the controls in the codes sequence 31, 32, 33,... makes a short model course. It is up to the team members if they connect the controls or not.

Only orienteering flags are on controls. No time-keeping. Aim of this

model event is to offer you a piece of OWC Middle and Long relevant forest mapped by OWC cartographer, and to show examples of potential control placement.

Controls will be set out only in dedicated time. It is possible to visit the model event outside of the dedicated time frame, but the parking fee must be paid and no controls are set.

## 12.2 SPRINT, WEDNESDAY 2ND AUGUST 2023

### Format and start interval

Sprint distance with 1 minute start interval, and 1.5 minute start interval for the Red group (last 40 competitors). The starting order is determined by the order of the Sprint World Ranking as of 31st July 2023 (best-ranked starting last). Race will be broadcast on TV, and runners can be followed by cameramen in some parts of the race.

### Course lengths

Women: 3.6 km, 45m climb, 19 controls

Men: 4.0 km, 50m climb, 22 controls

Expected winning time: 14:30

### Control descriptions

Separate control descriptions are handed out in the second start box. Maximum size 170 x 60 mm (Men) and 160 x 60 mm (Women). Control descriptions are printed on the competition map as well.

### Quarantine

Česká Lípa, 50.6887375N, 14.5319758E. Access by car only from the west (Bezručova or Slovanka street), outside of the embargoed area! Parking next to the quarantine - follow the organisers' instructions. The quarantine is open from 12:30. The quarantine offers tents, toilets and drinking water. Teams own tents are allowed, but must stay open. Number bibs for self pick-up will be prepared in the quarantine.



### Check-in

By signing-in at the quarantine by 13:40 at the latest.

## Coaches

Coaches have two options. 1) They can travel by team cars with athletes to the quarantine zone, park in the quarantine zone and enter the quarantine zone. At any time after the quarantine deadline, when the coach decides to leave the quarantine zone, she/he must go by foot from the quarantine to the arena through the embargoed area using the marked way (ca. 400 m). It is not possible to leave the parking lot close to the quarantine zone by car before the last start of the race. Coaches can leave quarantine at any time after the deadline (13:40). But remember, once the person leaves the quarantine zone, she/he cannot go back. 2) Coaches heading directly into the arena can follow signs to spectators parking north from the arena (50.6975544N, 14.5408164E) and go to the arena from there. There is no special teams parking close to the arena, only near to the quarantine zone.

No coaching zone provided in the arena.

## Bags

Transport from the quarantine to the team zone in the arena. Please

leave your labelled bags at the marked tent in the quarantine. Please limit the size of your bags to avoid heavy transports.

## Warm-up

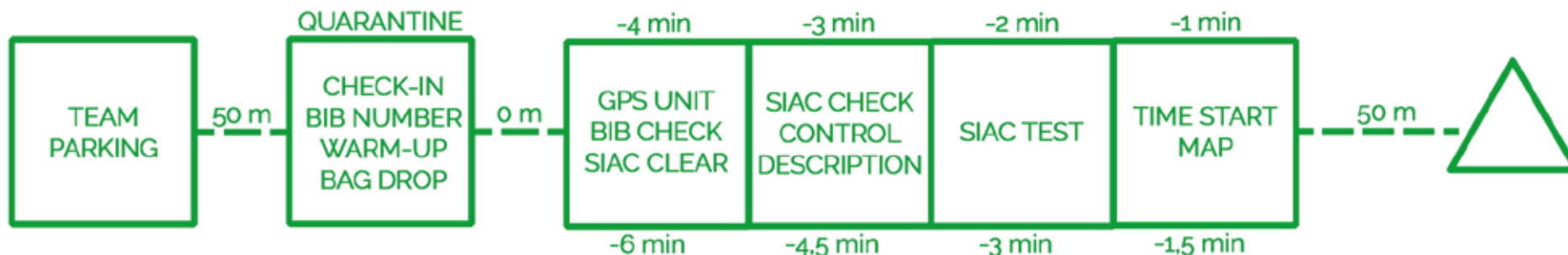
There is enough space for warm-up in the quarantine. You are not allowed to leave the dedicated taped area. No warm-up map available.

## Start

Estimated first start: 14:10

Last start: 18:01

The location is visible from the quarantine zone. Distance from quarantine to start: 0 m, 0 m climb. There are two separate start corridors: first for all athletes with 1 minute start interval and with call up at -4 min, and second for athletes in the Red group (last 40 starters in the class) with 1.5 min start interval and with call up at -6 min. Both corridors end with the same start line. Distance from the start line to the start point: 50m.



## Maps

1 : 4 000, contour interval 2 m, ISSprOM 2019-2, size: 300 x 300 mm, by Aleš Hejna, revised by Radek Novotný, offset print by Žaket Praha

Special symbols:

black cross = small man-made feature or advertising object

black circle = significant childrens' playground element

Maps are in plastic bags. Runners are responsible for getting the correct control description and map.

### Artificial barriers, uncrossable objects

Artificial barriers will be used. Depending on the situation, they are marked using thick purple line symbol 708 (out-of-bounds boundary), uncrossable wall (515) or fence (518), out-of-bounds area symbol (709) with border. In the terrain, there is metal mobile fencing combined with tapes to show these barriers.

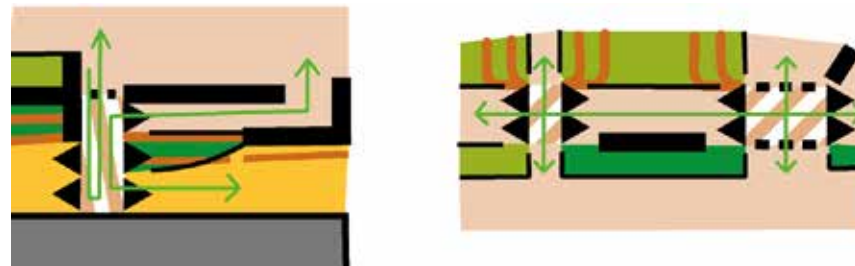
Uncrossable line / area objects will often be taped around to prevent running over. Simple rule to follow: don't cross any taped areas. Still it is the runner's responsibility not to cross any uncrossable features.

Potentially dangerous areas might be highlighted by tape for safety reasons. In such situations black-yellow tape is used.

### Multi-level structures

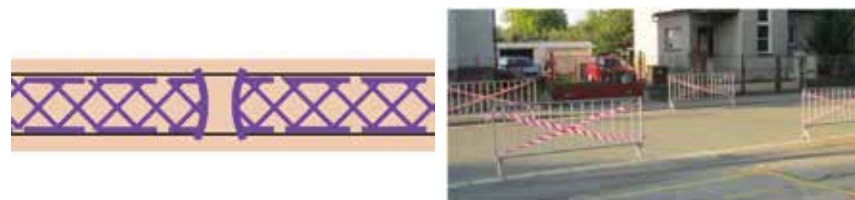
Several multi-level structures can be found on the competition map

where runners are allowed to run on both levels. These multi-level structures are not highlighted by symbol 710.2 Crossing section.



### Traffic

Traffic is infrequent in most parts of the terrain, but there can be cars, bicycles and pedestrians passing through the terrain. Take care. During the race, a main road will be crossed. The crossing point is marked in the terrain with barriers on both sides. Runners must pass between the cones at the beginning and the end of the crossing. The crossing is guarded by the organisers. It is not allowed to cross this road at other places. This road is marked with symbol 709 (Out-of-bounds area).





## **Terrain**

Town of Česká Lípa with its irregular street network. Terrain consists of urban areas with paved streets (asphalt or pavement), school areas, playgrounds, parkland with grass surface. Area generally consists of shallow hills. Altitude 245 - 295 m. Visibility: very good. Runnability: very good. 20% grass surface, 80% paved.

## **Finish**

Arena Česká Lípa, 50.6902425N, 14.5360647E

No indoor facilities are available in the after-finish team zone, only tents. Teams are not allowed to set-up their own tents, there is a limited space. After finishing the race, teams are only allowed to stay in the arena until the race is finished. Maximum running time 45 minutes.

## **Departure**

For departure, teams are allowed to leave the arena and go back to the team's parking nearby the quarantine zone via the indicated route (same as for coaches from quarantine). However, it is strictly forbidden to leave the arena and go back to the quarantine before 18:10.

# ČESKÁ LÍPA

ARENA, AUGUST 2-3



- 1 - EVENT OFFICE (OWC, O-TOUR)
- 2 - TEAM ZONE, ORGANIZERS
- 3 - FINISH
- 4 - CATERINGS
- 5 - VIP
- 6 - MEDIA
- 7 - MIX ZONE
- 8 - WC
- 9 - LABYRINTH
- 10 - SPORT SHOPS, PARTNERS
- 11 - CHILDREN CORNER
- 12 - FIRST AID
- 13 - BIG SCREEN, PODIUM
- 14 - IT OWC
- 15 - COACHING ZONE OWC

## 12.3 SPRINT RELAY, THURSDAY 3RD AUGUST 2023

### Format

Sprint Relay, mass start. 4 legs (1st and 4th legs must be run by a woman). Entered teams are given start numbers according to the Team World Cup standings. Those not being placed in Team World Cup are given the subsequent start numbers in alphabetical order. Same procedure applies then for second, third and fourth teams. Mixed teams are given start numbers in random order in the end of the start list.

### Mixed teams

Mixed teams must be signed in personally at the Event Office or sent to [office@wcup.cz](mailto:office@wcup.cz) no later than August 2nd 2023, 20:00 CET. Athletes who want to participate can also register on a waiting list, from which the organisers will form relay teams.

### Course lengths

Women (Legs 1 & 4): 3.85 km, 75 m, 26 controls

Men (Legs 2 & 3): 4.3 km, 85 m, 26 controls

Expected winning time: 61 minutes

### Control descriptions

Printed on maps. No loose control descriptions. Control codes are not printed next to control numbers.

### Quarantine

Česká Lípa, 50.6887375N, 14.5319758E. Access by car only from the west (Bezručova or Slovanka street), outside of the embargoed area! Parking next to the quarantine - follow the organisers' instructions. The quarantine is open from 15:30. The quarantine offers tents, toilets and drinking water. Teams own tents are allowed, but must stay open. Number bibs for self pick-up will be prepared in the quarantine.



### Check-in

By signing-in at the quarantine by 16:15 at the latest.

### Coaches

Coaches have two options. 1) They can travel by team cars with athletes to the quarantine zone, park in the quarantine zone and enter

the quarantine zone. At any time after the quarantine deadline, when the coach decides to leave the quarantine zone, she/he must go by foot from the quarantine to the arena through the embargoed area using the marked way (ca. 400 m). It is not possible to leave the parking lot close to the quarantine zone by car before the last start of the race. Coaches can leave quarantine at any time after the deadline (16:15). But remember, once the person leaves the quarantine zone, she/he cannot go back. 2) Coaches heading directly into the arena can follow signs to spectators parking north from the arena and follow the marked route to the arena from there. There is no special teams parking close to the arena, only near to the quarantine zone.

Coaching zone available in the arena. It is forbidden to pass any information related to courses to the athletes.

Any communication between “Coaches out of quarantine” and athletes who have not yet started is forbidden.

### **Bags**

Transport from the quarantine to the team zone in the arena. Please leave your labelled bags at the marked tent in the quarantine. Please limit the size of your bags to avoid heavy transports.

### **Warm-up**

There is enough space for warm-up in the quarantine. You are not allowed to leave the dedicated taped area. No warm-up map

available.

### **Start**

#### **Assembly area**

The assembly area for runners before their leg is in the quarantine zone (southern end of the quarantine). GPS units will be given out to selected athletes at the gate. -15 min before the mass start or expected first changeover of the respective leg, all runners of this leg will leave the assembly area and follow the guide to the pre-start / changeover area in the arena. Coaches are not allowed in the pre-start / changeover area.

#### **Mass start (17:15)**

The pre-start area opens -15 min before the mass start (17:00). Limited warm-up possibilities. Emergency toilet upon request to a staff member. -5 min before the mass start, call to the line-up. The runner takes his rolled map from the map wall on the way to line up; it is not allowed to open the roll before the start signal. No toilets are available in this area. The line-up at the start line will be marked with a bib number on the ground. Distance from the start line to map start: 90 m.

#### **Change-over**

The gate from the quarantine for all runners of the leg opens 15 min before the expected change-over (17:15 - 2nd leg, 17:30 - 3rd leg, 17:45 - 4th leg). GPS units are given out at the gate. All runners of

respective legs will leave the assembly area at the dedicated time and follow the guide to the pre-start area in the arena. Emergency toilet upon request to a staff member. It is the runner's responsibility to be on time at the pre-start. From the pre-start, runners will be called into the change-over area when the first runner of the foregoing leg passes through the arena passage. The runner takes his rolled map from the map wall on the way to the change-over area. It is not allowed to open the roll before the hand-over. From there one can see your foregoing runner coming towards the finish and hear the speaker announcing the runners. When your runner arrives from the last control, you may step to the change-over barrier. The change-over is done after crossing the finish line by hand touch across a separation barrier. The outgoing runner is allowed to open the map immediately after the change-over. Distance from the change-over to map start: 60 m.

## Maps

1 : 4 000, contour interval 2 m, ISSprOM 2019-2, size: B4 (353 x 250 mm), by Radek Novotný and Aleš Hejna, revised by Radek Novotný, laser print by Žaket Praha.

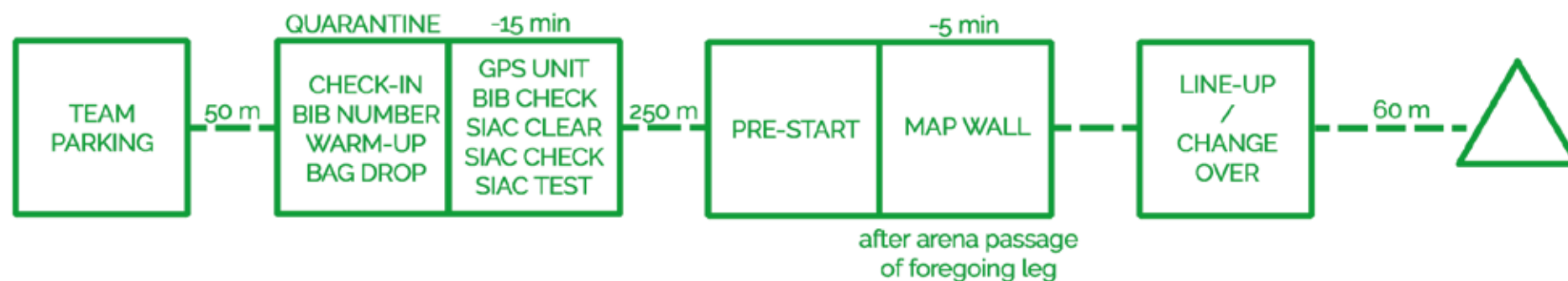
Special symbols:

black cross = small man-made feature or advertising object

black circle = significant childrens' playground element

Maps are in plastic bags with relay and leg numbers written on the map.

One of the road underpasses, where it is allowed to pass through, is drawn like this:



Vegetation features are drawn from a runner's perspective - large trees with low dense branches are therefore marked as small thickets (a few examples shown also at the model event).

The maps are rolled and closed with a rubber band. In the waiting zone it is the runner's responsibility to take the correct map from the map wall. You will keep the rolled map in your hand until you can start. You are not allowed to remove the rubber band or to peek into the roll before you start. The maps are marked with your bib number and the leg number.

There is a map turnover during the race. The first part finishes with a compulsory route to the new start triangle. The second part is on the other side of the map where the course starts with the new start triangle. The start triangle is marked with a control flag in the terrain. Control numbers are continuous. The first part of the course (marked as Part 1) is on the outside of the roll. **As both parts are using the same start point, be extremely careful to start with the correct loop!** Reserve maps are ready in the waiting area near the map wall. Please contact the staff as soon as you have noticed that your map is not on the map wall any more.

### **Artificial barriers, uncrossable objects**

Artificial barriers will be used. Depending on the situation, they are marked using thick purple line symbol 708 (out-of-bounds boundary) - single or highlighted by violet hatches, uncrossable wall (515) or fence (518), out-of-bounds area symbol (709) with border. In the terrain, there is metal mobile fencing combined with tapes to show

these barriers.

Uncrossable line / area objects will often be taped around to prevent running over. Simple rule to follow: don't cross any taped areas. Still it is the runner's responsibility not to cross any uncrossable features.

### **Traffic**

Traffic is reduced as much as possible, but there can be cars, bicycles and pedestrians passing through the terrain. Take care.

### **Terrain**

Town of Česká Lípa with its irregular street network. Terrain consists of urban areas with paved streets, school areas, playgrounds, parkland with grass surface. Area generally consists of shallow hills. Altitude 245 - 295 m. Visibility: very good. Runnability: very good. 40% grass/forest, 60% paved.

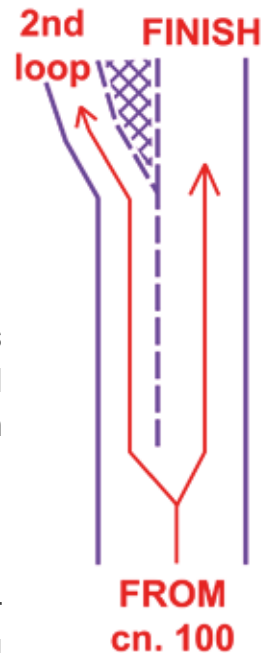
**(!) Be careful when running into narrow gates and passages. At a few places counter-runs may occur.**



At this place, it is allowed to cross. It is represented by a 1 mm wide opening in the wall in the map. There is just one place in the terrain looking like this.

### Arena passage

There is an arena passage on all legs. Spectator control = last control (runners will punch control number 100 twice). After the first punch they have to run through the left corridor = arena passage, after the second punch runners should follow the right corridor towards the finish line. In the first part, the corridors are divided by v-boards and it is possible to change corridors in case of taking the wrong one. From a specific point, corridors are separated by higher barriers of metal fencing - it is forbidden to jump over! It is the runner's responsibility to take the correct corridor and not finish the race without running the last loop. Follow the map and sequence of the controls.



### Finish

Arena Česká Lípa, 50.6902425N, 14.5360647E

No indoor facilities are available in the after-finish team zone, tents only. Teams are not allowed to set-up their own tents, there is a limited space. It is not allowed for teams to visit the finish area before their start and it is not allowed to go to the quarantine / start / pre-start area if you have been at the finish area. After finishing the race, teams are only allowed to stay in the arena and cool down in the team zone or arena until the race is finished. Maximum running time 100 minutes.

**Arena Česká Lípa - see section 12.2.**

### Departure

For departure, teams are allowed to leave the arena and go back to the team's parking nearby the quarantine zone via the indicated route (same as for coaches from quarantine). However, it is strictly forbidden to leave the arena and go back to the quarantine before 18:15.

## I24 MIDDLE DISTANCE, SATURDAY 5TH AUGUST 2023

### Format and start interval

Middle distance with 2-minute start interval. To determine the starting order, IOF Competition Rule 12.5 will be used. The starting groups will be determined using the World Ranking as of 3rd August 2023. The race will be broadcast on TV; runners can be followed by cameramen in some parts of the race.

### Course lengths

Women: 4.2 km, 270 m climb, 20 controls

Men: 5.1 km, 350 m climb, 22 controls

Expected winning time: 35 min

Refreshment points: 1 (70%), situated on control (marked in control descriptions)

### Control descriptions

Separate control descriptions are handed out at -3 min. Maximum size 180 x 55 mm (Men), 170 x 55 mm (Women). Control descriptions are printed on the competition map as well.

### Arrival and quarantine

GPS coordinates to teams parking in Korce: 50.5362964N, 14.6017264E

Arrival via Dubá or Doksy to Korce: keep out of the embargoed area!

Roads Nedamov - Ždírec and Blatce - Ždírec, marked as "allowed" on the embargoed areas map, are **not** allowed to be driven on competition days and become part of the embargoed area!



Distance from parking to quarantine is up to 1200 m and the way is marked. The quarantine is located on a spacious meadow and is open from 7:30. The quarantine offers tents, warm-up area, toilets and drinking water. Teams own tents are allowed, but must stay open. Number bibs for self pick-up will be prepared in the quarantine.

### Check-in

By signing-in at the quarantine by 10:30 at the latest.



## Coaches

Coaches arrive at the team parking in Korce (50.5362964N, 14.6017264E). From team parking they can continue on foot to the competition arena (in the arena they must stay in the team zone until 10:30) - marked way from team parking to the arena (up to 1100 m). Or, coaches are allowed to enter the quarantine zone until the deadline by signing the quarantine check-in form. Coaches can leave quarantine at any time after the deadline (10:30) and go back to the team parking and follow the marked way from the team parking to the arena. But remember, once the person leaves the quarantine zone, she/he cannot go back.

No coaching zone available in the arena.

## Bags

Transport from the quarantine to the team zone in the arena. Please leave your labelled bags at the marked tent in the quarantine. Please limit the size of your bags to avoid heavy transports.

## Warm-up

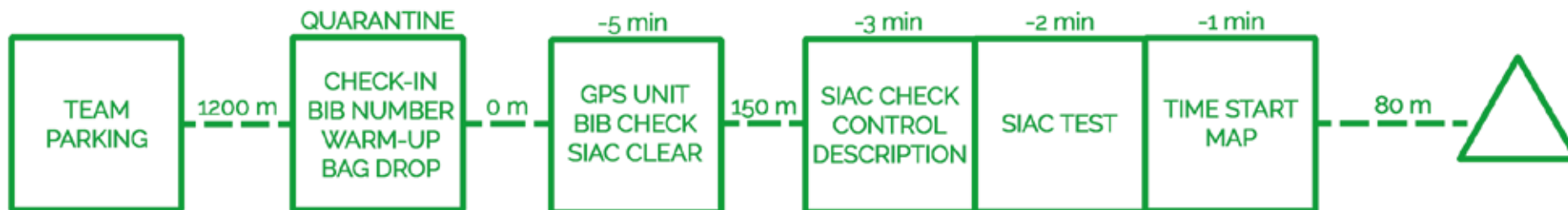
Small warm-up map without controls is available in the quarantine, athletes will receive maps after check-in to quarantine. You are not allowed to leave the area marked on the warm-up map.

## Start

Estimated first start: 8:30

Last start: 14:42

The location is visible on the warm-up map. Distance from quarantine to start: 0 m. Call up at -5 min. Distance from the start line to the start point: 80 m.



## Maps

1 : 10 000, contour interval 5 m, ISOM 2017-2, size: A4 (297 x 210 mm), by Jan Drbal, Tom Novák, Aleš Hejna, revised by Jan Drbal, Aleš Hejna, offset print by Žaket Praha

Special symbol:

brown triangle = small plateau,

black cross = small man-made feature

Maps are in plastic bags with the class written on the map. The maps will be placed on a table next to the start line. The class will be visible. Runners are responsible for getting the correct control description and map.

There is a map turnover during the race for both women and men. The first part of the course is facing up on the map table. The second part of the course is on the back side of the map. So just turn the map over. The start of the second part is marked with a start symbol on the map and is at the same place as the last control of the first part. Control numbers are continuous. Be careful to start with the right map!

## Terrain

Typical continental sandstone terrain of Kokořínsko, altitude 290 - 470 m. Its intricate morphology consists of plenty of deep valleys and reentrants crowned by massive sandstone rock formations. In places, the rocks are also present at other levels.

Visibility: Mostly grown pine forest, where visibility is generally very good - limited in areas of young pine plantations and areas of mixed forest.

Runnability: is generally very good, though often significantly limited by the steepness of the slopes. In some parts, running is also limited by high blueberries (often present on plateaus and also on some slopes) and in thickets of various ages. Frequent animal tracks can make running easier on slopes.

There are out-of-bounds areas in the competition terrain. These are marked using symbol 709. If taped in the terrain, a solid border is drawn. It is allowed to run on fields, unless they are marked as out-of-bounds using symbol 709. In such a case, it is not allowed to run on the field edge: athletes must stay in the forest.

**(!) There are plenty of high cliffs and rocks in the competition area. Be careful.**

As the Czech O-Tour will take place in the same terrain after the World Cup races, there can be small wooden or paper markings in the forest.

## Finish

Arena Korce, 50.5364275N, 14.5943806E

No indoor facilities are available in the after-finish team zone, tents only. Teams are allowed to set-up their own tents.

Team officials and athletes having finished their race are not allowed to go back to the competition area. Cool-down is possible within the arena and along an adjacent road outside the embargoed area.

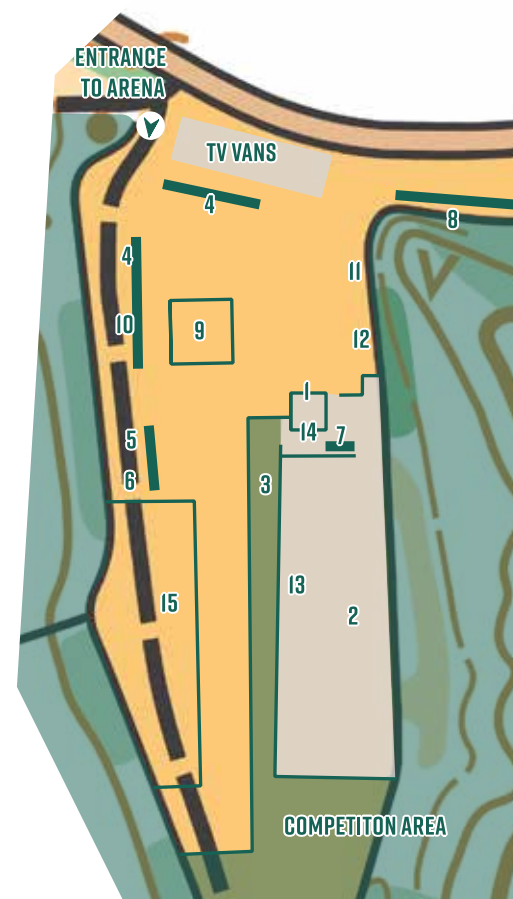
Maximum running time 90 minutes.

### After race quarantine

First finishers of the Middle distance race and all team members present in the arena (coaches and not running athletes) must stay in the team zone until 10:30. Quarantine rules apply for all team members in the team zone. All tents must stay open; no mobile phones, computers and other communication devices are allowed. Communication with people outside the team zone is forbidden. Cooling down until 10:30 is possible only within the team zone.

### After the race

After 10:30 team members can leave the team zone and arena whenever they want to.



# KORCE

ARENA, AUGUST 5-6

- 1 - EVENT OFFICE (OWC, O-TOUR)
- 2 - TEAM ZONE, ORGANIZERS
- 3 - FINISH
- 4 - CATERINGS
- 5 - VIP
- 6 - MEDIA
- 7 - MIX ZONE
- 8 - WC, WASHING
- 9 - LABYRINTH
- 10 - SPORT SHOPS, PARTNERS
- 11 - CHILDREN CORNER
- 12 - FIRST AID
- 13 - BIG SCREEN
- 14 - IT OWC
- 15 - SPECTATOR TENTS

## 12.5 LONG DISTANCE, SUNDAY 6TH AUGUST 2023

### Format and start interval

Long distance with 2-minute start interval and 3-minute start interval for the Red group (the best 30 competitors in the World Ranking). For the men's class, the starting order is determined by the order of the World Ranking as of 5th August 2023 (best-ranked starting last). For the women's class, the starting field will be divided into two groups: the best 70 entered competitors in the World Ranking will start first, with the starting order determined by the order of the World Ranking as of 5th August 2023 (best-ranked starting last). All others will start after the best in the World Ranking, still according to the World Ranking, with the 71st-ranked out of those entered starting last. The World Ranking on 5th August must include the results from that day's World Cup competition.

The race will be broadcast on TV; runners can be followed by cameramen in some parts of the race.

### Course lengths

Women: 9.4 km, 720 m climb, 20 controls

Refreshment points: 3 (35%, 65%, 80%)

Expected winning time: 82 min

Men: 12.9 km, 990 m climb, 29 controls

Refreshment points: 4 (30%, 47%, 70%, 85%)

Expected winning time: 90 min

All refreshment points are situated on controls - marked in control descriptions.

### Control descriptions

Separate control descriptions are handed out at -3 min. Maximum size 210 x 55 mm (Men), 160 x 55 mm (Women). Control descriptions are printed on the competition map as well.

### Arrival and quarantine

GPS coordinates to teams parking in Korce: 50.5362964N, 14.6017264E

Arrival via Dubá or Doksy to Korce, keeping out of the embargoed area. Roads Nedamov - Ždírec and Blatce - Ždírec, marked as "allowed" on the embargoed areas map, are not allowed to be driven on competition days and become part of the embargoed area!



Distance from parking to quarantine is up to 1200 m and the way is marked. The quarantine is located on a spacious meadow and is open from 7:30. The quarantine offers tents, warm-up area, toilets and drinking water. Teams own tents are allowed, but must stay open. Number bibs for self pick-up will be prepared in the quarantine.

### Check-in

By signing-in at the quarantine by 10:00 at the latest.

### Coaches

Coaches arrive at the team parking in Korca (50.5362964N, 14.6017264E). From team parking they can continue on foot to the competition arena (in the arena they must stay in the team zone until 10:00) - marked way from team parking to the arena (up to 1100 m). Or, coaches are allowed to enter the quarantine zone until the deadline by signing the quarantine check-in form. Coaches can leave quarantine at any time after the deadline (10:00) and go back to the team parking and follow the marked way from the team parking to the arena. But remember, once the person leaves the quarantine zone, she/he cannot go back.

No coaching zone available in the arena.

### Bags

Transport from the quarantine to the team zone in the arena. Please leave your labelled bags at the marked tent in the quarantine. Please limit the size of your bags to avoid heavy transports.

### Warm-up

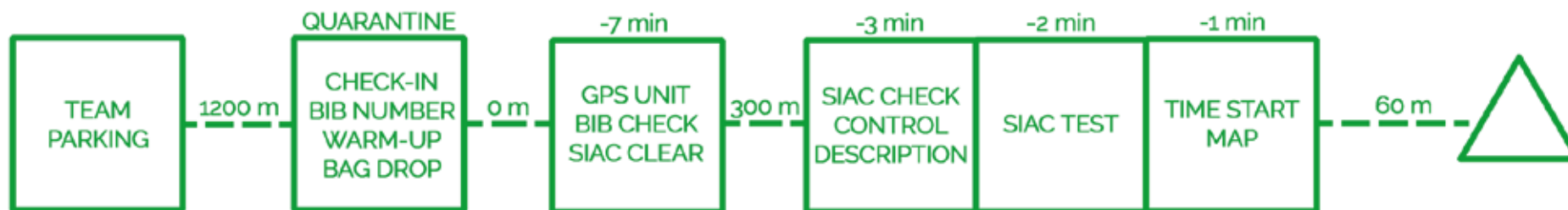
Small warm-up map without controls is available in the quarantine, athletes will receive maps after check-in to quarantine. You are not allowed to leave the area marked on the warm-up map.

### Start

Estimated first start: 8:35

Last start: 13:45

The location is visible on the warm-up map. Distance from quarantine to start: 0 m. Call up at -7 min. Distance from the start line to the start point: 60m.



## Maps

1 : 15 000, contour interval 5 m, ISOM 2017-2, size: 300 x 300 mm, by Jan Drbal, Aleš Hejna, Tom Novák, Zdeněk Sokolář, revised by Jan Drbal, Aleš Hejna, Zdeněk Sokolář, offset print by Žaket Praha

Special symbol: brown triangle = small plateau, black cross = small man-made feature

Maps are in plastic bags with the class written on the map. The maps will be placed on a table next to the start line. The class will be visible. Runners are responsible for getting the correct control description and map.

## Terrain

Typical continental sandstone terrain of Kokořínsko, altitude 290 - 470 m. Its intricate morphology consists of plenty of deep valleys and reentrants crowned by massive sandstone rock formations. In places, the rocks are also present at other levels.

Visibility: Mostly grown pine forest, where visibility is generally very good - limited in areas of young pine plantations and areas of mixed forest.

Runnability: is generally very good, though often significantly limited by the steepness of the slopes. In some parts, running is also limited by high blueberries (often present on plateaus and also on some slopes) and in thickets of various ages. Frequent animal tracks can make running easier on slopes.

There are out-of-bounds areas in the competition terrain. These are marked using symbol 709. If taped in the terrain, a solid border is drawn. It is allowed to run on fields, unless they are marked as out-of-bounds using symbol 709. In such a case, it is not allowed to run on the field edge: athletes must stay in the forest.

**(!) There are plenty of high cliffs and rocks in the competition area. Be careful.**

As the Czech O-Tour will take place in the same terrain after the World Cup races, there can be small wooden or paper markings in the forest.

## Traffic

There are several minor roads in the competition area. Traffic is reduced, drivers are warned by signs and organisers, but there can be cars, motorcycles and bicycles passing through the terrain. Take care when running along the roads or crossing them!

## Finish

Arena Korce, 50.5364275N, 14.5943806E

No indoor facilities are available in the after-finish team zone, tents only. Teams are allowed to set-up their own tents.

Team officials, and athletes having finished their race, are not allowed to go back to the competition area. Cool-down is possible within the arena and along an adjacent road outside the embargoed

area.

Maximum running time 180 minutes.

**Arena Korce - see section 12.4**

### **After-race quarantine**

First finishers of the Long distance race and all team members present in the arena (coaches and not running athletes) must stay in the team zone until 10:00. Quarantine rules apply for all team members in the team zone. All tents must stay open; no mobile phones, computers and other communication devices are allowed. Communication with people outside the team zone is forbidden. Cooling down until 10:00 is possible only within the team zone.

### **After the race**

After 10:00, team members can leave the team zone and arena whenever they want to.

## **SECTION 13: PRIZE MONEY**

Prize money in the World Cup 2023 is distributed according to the following schedule. All sums are set in Euro.

<b>Place</b>	<b>Individual race</b>	<b>Relay race</b>	<b>Total Individual World Cup</b>
1	1000	1000	5000
2	700	700	2000
3	400	400	1000
4	200		600
5	200		500
6	200		400

## **SECTION 14: SPECTATOR RACES “KWAK CZECH O-TOUR”**

There will be 4 stages (3 forest disciplines and 1 sprint) from 3rd to 6th August 2023 in OWC 2023, round 2 areas of terrain. More detailed information can be found on [www.o-tour.cz](http://www.o-tour.cz).



## SECTION 15: SUSTAINABILITY

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We care about the environment around us. Therefore during the preparation and mainly during the organisation of the World Cup itself, we took a number of measures. What are they like? And what are we asking all participants for?

### **Using WOC 2021 equipment**

We are following up on the World Orienteering Championships 2021, and therefore we are using a number of pieces of equipment used for these championships (for example control flags and advertising boards), and consuming unutilized materials from this event.

### **Reusing ID card holders and safety pins**

We made a collection among Czech orienteers of used ID card holders and safety pins. It can easily happen that each member of your team will have a different colour and inscription on your ID. In the same way, we collected safety pins for your bib numbers. We give used items another dimension.

### **Welcome presents**

We didn't want to produce junk that would end up in the trash! We give gingerbread hearts, with the unique OWC motif, made for all accredited participants. Decorated gingerbread has a long tradition in the Czech Republic dating back to the 14th century, here you have the opportunity to taste it. In the accreditation set, you will also find

wash papers Ecohaus, an interesting invention of a young Czech orienteer, and free entry for the Kwak Czech O-Tour races, which are taking place at the same time as the World Cup. Coffee lovers will certainly welcome the 2 vouchers for quality coffee in the arena.

### **“Recycled” organisation team**

We use the potential, experience and lessons learned from the revealed mistakes of organising the World Orienteering Championships, which a very similar organising team organised in 2021.

### **Using whole transport capacity**

Our goal for transport is to use the whole capacity of our vehicles. We ask you to do the same. If you are going for training, races or quarantine, please drive with fully-occupied cars.

### **Waste sorting**

There will be several different bins in all arenas - primarily plastic (**yellow**) and mixed waste (**black**). Please separate your waste. We cooperate with local companies on waste removal.

### **Local catering**

All catering tents in the World Cup arenas are regional, and run by people who care about the environment. Purely vegetarian or vegan food will be available, meat comes from the local farmers, we work with a regional bakery and brewery.



### Own food and drink containers

In all types of catering in the arenas, it will be possible to put the purchased food and drink in your own container.

### Organiser clothing

The special organiser clothing was already made of high-quality material, and we have only printed the graphics of the World Cup 2023 on it. Thus another ton of waste was not created during its production.

## SECTION 16: NOTES

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